

P4 RERC 1-14a

I recognise the importance of personal prayer and communal prayer in the growth of all people's relationship with God. I know a number of traditional Catholic prayers and I have developed an understanding of the meaning of these prayers.

I have participated in different approaches to, and experiences of, prayer.

I can describe how prayer is an important part of the liturgical and devotional life of the Church.

I have reflected on how all of these are different ways of worshipping God.



Core learning: I know a number of traditional Catholic prayers and I have developed an understanding of the meaning of these prayers.

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Light a candle



pray The Rosary

practice meditation



pray the Mass responses

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The Sign of the Cross



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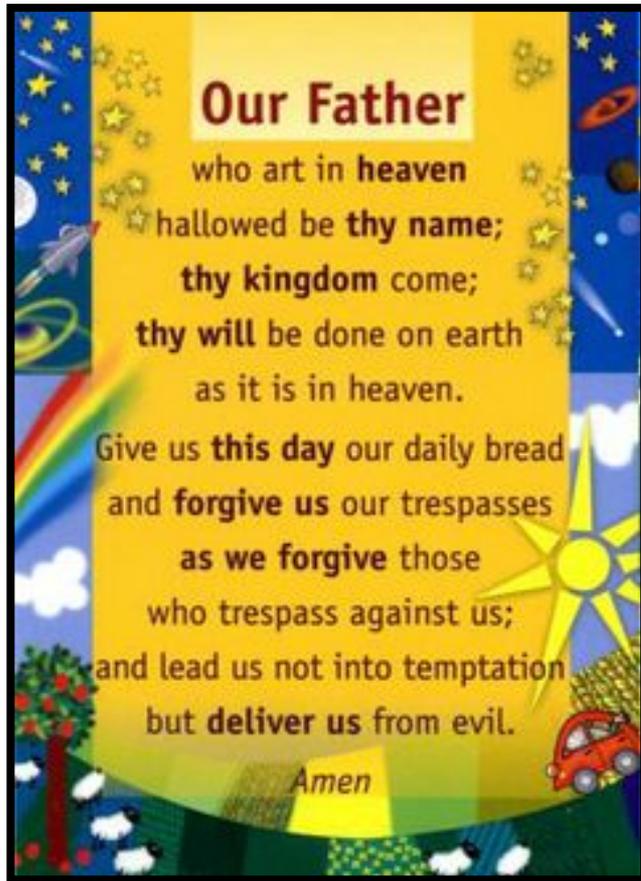
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*Try to pray the Our Father every day
and especially after making an
examination of conscience.*



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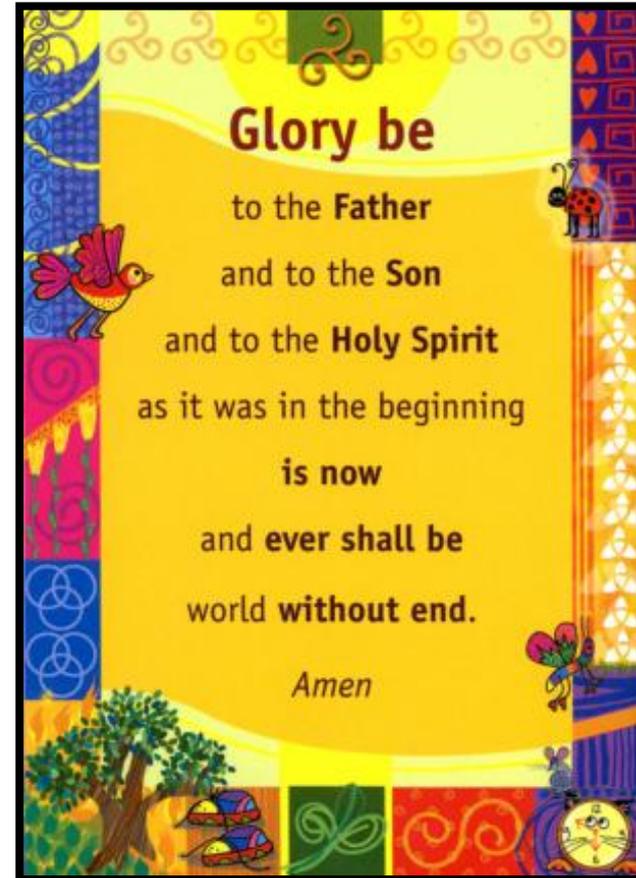
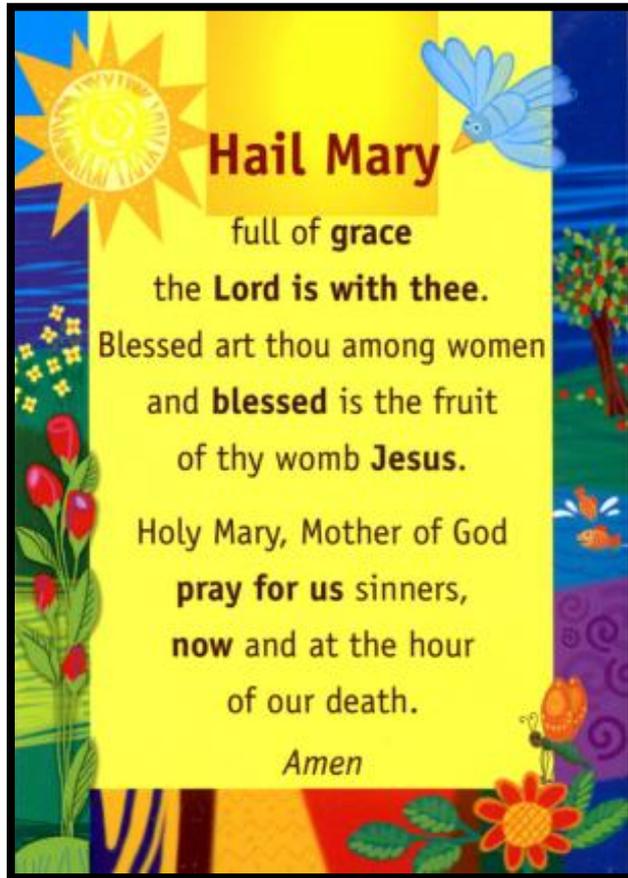
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Morning Prayer (Veritas)

Father in heaven you love me,
you're with me night and day.
I want to love you always in all I do and say.
I'll try to please you, Father.
Bless me through the day.
Amen.



Evening Prayer (Veritas)

Oh my God, I come to say,
Thank you for your love this day.
Thank you for my family,
And all the friends you give to me.
Guard me in the dark of night,
And in the morning
Send your light.
Amen.

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Grace Before Meals (Veritas)

Bless us, O Lord, as we sit together
Bless the food we eat today.
Bless the hands that made the food.
Bless us, O Lord.
Amen.



Grace After Meals (Veritas)

Thank you, God,
for the food we have eaten.
Thank you, God, for all our friends.
Thank you, God for everything.
Thank you, God.
Amen.



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Act of Sorrow



O My God, I thank you for loving me.
I am sorry for all my sins,
for not loving others and not loving you.
Help me to live like Jesus
and not sin again.
Amen.

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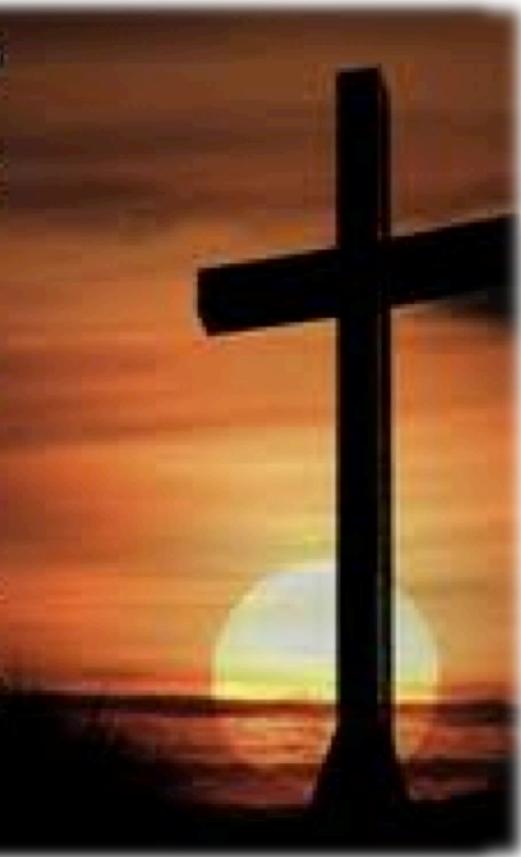
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***Eternal rest grant unto
them, O Lord, and let
perpetual light shine
upon them. May the
souls of the faithful
departed, through the
mercy of God, rest in
peace. Amen.***

Eternal Rest

We pray this special prayer for all those who have died, and especially in November, The Month of the Holy Souls.

Do you know this prayer "by heart" yet?

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I confess to almighty God
and to you, my brothers
and sisters,
that I have **greatly sinned**
in my thoughts and in my words,
in what I have done
and in what I have failed to do,
through my fault,
through my fault,
through my most grievous fault;
therefore I ask blessed Mary
ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

The Confiteor (this means I confess)



*We beat our breast three times at this point
to show sorrow for our sins.*



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To do and say:

Practice saying the Gloria together in class as your morning prayer for six weeks before the celebration of First Eucharist.



*'Glory to God in the highest,
and on earth peace to people of good will.
We praise you, we bless you,
we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King, O God, almighty Father.*

*Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God,
Son of the Father,
you take away the sins of the world, have mercy on us;
you take away the sins of the world, receive our prayer;
you are seated at the right hand of the Father, have mercy on us.*

*For you alone are the Holy One, you alone are the Lord,
you alone are the Most High, Jesus Christ, with the Holy Spirit,
in the glory of God the Father.
Amen.'*



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Angel of God,
my guardian dear,
To whom God's love
commits me here.

Ever this day be at my side,
to light and guard,
rule and guide.

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The Joyful Mysteries of the Rosary The First Joyful Mystery: The Annunciation



Mary is often depicted in prayer in images of The Annunciation.

Ask Mary, Our Mother and the Mother of the Church to help you to say, "Yes" to God in your life as you pray this joyful mystery.

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The Joyful Mysteries of the Rosary The Second Joyful Mystery: The Visitation



Mary hurried to share her good news with her cousin Elizabeth.

Elizabeth was soon to be the mother of John the Baptist.

The child in her womb jumped for joy on seeing Mary.

Pray that you will be able to share the good news about Jesus with joy.

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The Joyful Mysteries of the Rosary The Third Joyful Mystery: The Nativity



Jesus is born in a humble stable.

Mary and Joseph gaze on
The Son of Mary,
and Son of God.

Shepherd's called
by angels singing the Gloria
honour Him.

Wise men, the Magi,
bring gifts of Gold,
Frankincense
and Myrrh.

They bow in adoration
before the infant King.
(make links to genuflection)

Honour Jesus in your prayer.

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The Joyful Mysteries of the Rosary

The Fourth Joyful Mystery: The Presentation of the Lord Jesus in the Temple



Mary and Joseph present the baby Jesus at the Temple.

Simeon and Anna, two faithful old people, recognised Jesus as the fulfillment of God's Promises to His people.

Simeon sang a song about Jesus being a Light to the Nations.

Church candles are blessed on the 2nd February, The Feast of the Presentation.

This is also known as Candlemas.

To do: Light a candle in Church, or at home with an adult and pray this joyful mystery.

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The Joyful Mysteries of the Rosary

The Fifth Joyful Mystery: The Finding of the Child Jesus in the Temple



To do: Pray the Our Father before this joyful mystery in gratitude for Jesus sharing His father with us.

Jesus was lost.

Both Mary and Joseph thought he was with the other.

He was found in the temple, discussing with the elders the things of God.

The elders were amazed at his knowledge and wisdom.

When Mary and Joseph, asked why he had not thought of their worry, Jesus replied, "Did you not know That I had to be about my Father's business?"

Jesus was lost, and then found.

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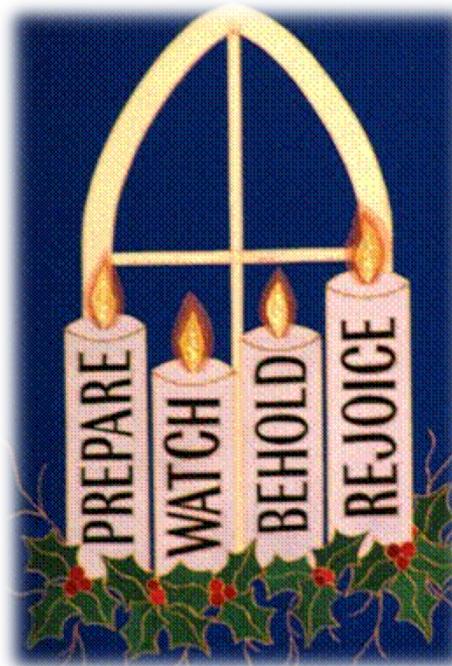
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The Joyful Mysteries of the Rosary

These are very suited to pray in October, Advent and May.

*October is the Month
of the Holy Rosary.*



*May is the Month
of traditional devotion
to Our Lady.*



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Simple Mass Responses: Teach as lesson starters and "brain breaks."



Introductory Rite:

Priest: In the name of the Father, and of the Son,
and of the Holy Spirit.

[All together make the sign of the cross.]

All: Amen.

Priest: The Lord be with you.
[or Bishop: Peace be with you.]

All: And with your spirit.

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Penitential Rite:

Priest: Coming together as God's family, with confidence
let us ask the Father's forgiveness,
for he is full of gentleness and compassion.
(examination of conscience in silence)



Minister: You were sent to heal the contrite of heart: Lord, have mercy.

All: Lord, have mercy.

Minister: You came to call sinners: Christ, have mercy.

All: Christ, have mercy.

Minister: You are seated at the right hand of the Father: Lord, have mercy.

All: Lord, have mercy.

Priest: May almighty God have mercy on us, forgive us our sins,
and bring us to everlasting life.

All: Amen.

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Kyrie or Lord have mercy :

[The following acclamations are sung or recited, either in English or Greek

Priest: Lord, have mercy. *All:* Lord, have mercy.

Priest: Christ, have mercy. *All:* Christ, have mercy.

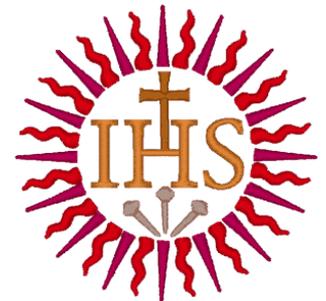
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Priest: Kyrie, eleison. *All:* Kyrie, eleison.

Priest: Christe, eleison. *All:* Christe, eleison.

Priest: Kyrie, eleison. *All:* Kyrie, eleison.



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Gloria: [*This ancient hymn of praise is used on all Sundays outside of Advent and Lent, on solemnities and major feasts, and in solemn local celebrations.*]

All: *Glory to God in the highest,
and on earth peace to people of good will.*

*We praise you, we bless you, we adore you, we glorify you,
we give you thanks for your great glory,*

Lord God, heavenly King, O God, almighty Father.

*Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God,
Son of the Father,*

you take away the sins of the world, have mercy on us;

you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us.

*For you alone are the Holy One, you alone are the Lord,
you alone are the Most High, Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.'*

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Priest: Let us pray.

[After a time of silent prayer, the priest sings or says the Opening Prayer, which is different for each Mass.]

All: Amen.

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LITURGY OF THE WORD

First Reading:

Lector: A reading from the Book, prophet (or Letter, or Acts) of ...

[Different readings are prescribed for each day.

At the end of the reading, the lector proclaims, and the people respond:]

Lector: The Word of the Lord.

All: Thanks be to God!

Responsorial Psalm:

*[The choir and/or cantor sing or recite the psalm;
the people join in the repeated response.]*

Second Reading:

*[A second reading is prescribed for all Sundays and major feasts,
but not for most weekdays or minor feasts.]*

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LITURGY OF THE WORD



[all stand] **Alleluia or Gospel Acclamation:**

Choir or Cantor: Alleluia! **All repeat:** Alleluia!

Choir or Cantor: [verse] **All repeat:** Alleluia!

The Alleluia is omitted from the verse during Lent.

Gospel: *Before the Gospel Proclamation:*

Deacon (or Priest): The Lord be with you. **All:** And with your spirit.

Deacon (or Priest): A reading from the Holy Gospel according to...

[Matthew, Mark, Luke, or John]

All: Glory to you, O Lord !

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LITURGY OF THE WORD

After the Gospel Proclamation:

Deacon (or Priest): The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ

[sit]

Homily:

[The bishop, priest, or deacon then speaks to the people, usually focusing on that day's scriptures and/or on the feast or special occasion being celebrated at that Mass; but the homily may also be based on any liturgical text from the Mass.]



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[stand]

Profession of Faith:

*[On Sundays and solemnities,
the Nicene Creed is normally recited
by everyone after the homily.]*

*The Apostles' Creed may be used instead,
esp. in celebrations of Masses with children.]*

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WHAT IS A CREED?



A Creed is an organic summary of the essential elements of the Church's Faith. Creeds are so called from the Latin word with which they often begin, "credo": 'I BELIEVE'. (CCC 186, 187)

 facebook.com/catholicsknowtheanswerofficialpage

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PARTS OF THE CREED



The Creed has three parts, because the Faith is presented in reference to the three Trinitarian persons.

The three parts of the Creed speak, respectively, about:

1. the Father and Creation
2. the Son and Redemption
3. the Holy Spirit and Sanctification.

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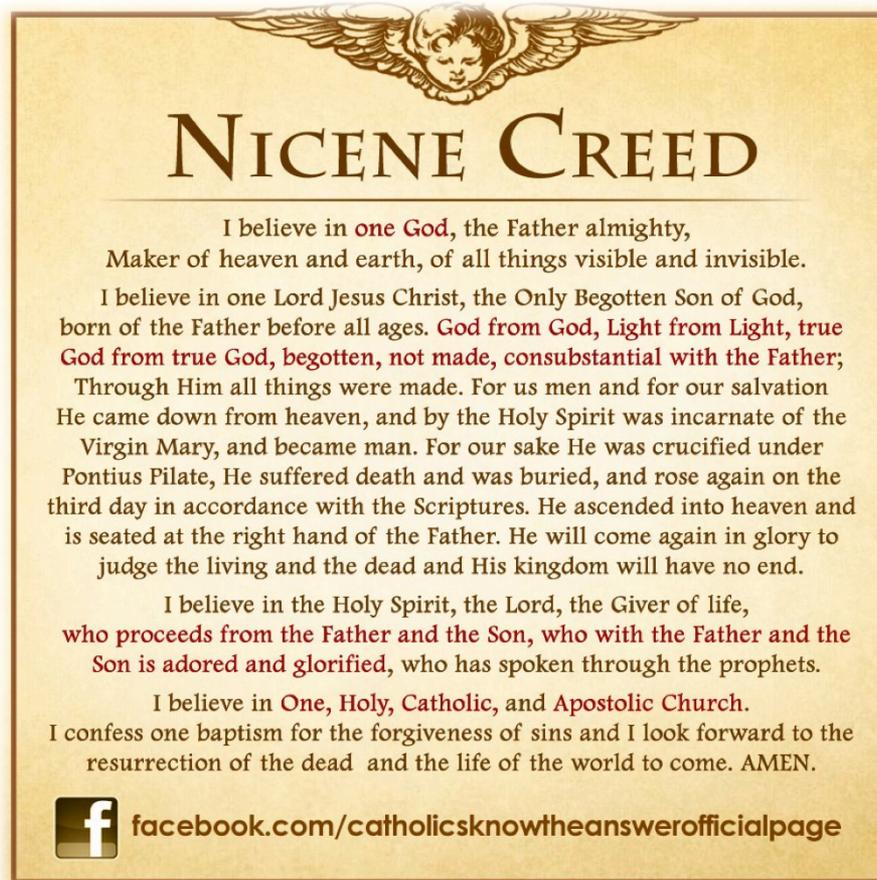
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NICENE CREED

I believe in **one God**, the Father almighty,
Maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God,
born of the Father before all ages. **God from God, Light from Light, true
God from true God, begotten, not made, consubstantial with the Father;**
Through Him all things were made. For us men and for our salvation
He came down from heaven, and by the Holy Spirit was incarnate of the
Virgin Mary, and became man. For our sake He was crucified under
Pontius Pilate, He suffered death and was buried, and rose again on the
third day in accordance with the Scriptures. He ascended into heaven and
is seated at the right hand of the Father. He will come again in glory to
judge the living and the dead and His kingdom will have no end.

I believe in the Holy Spirit, the Lord, the Giver of life,
**who proceeds from the Father and the Son, who with the Father and the
Son is adored and glorified, who has spoken through the prophets.**

I believe in **One, Holy, Catholic, and Apostolic Church.**
I confess one baptism for the forgiveness of sins and I look forward to the
resurrection of the dead and the life of the world to come. AMEN.

 facebook.com/catholicsknowtheanswerofficialpage

Core learning: I know the Nicene Creed, all Mass responses,
and The Sorrowful Mysteries of the Rosary.

P4 RERC 1-14a

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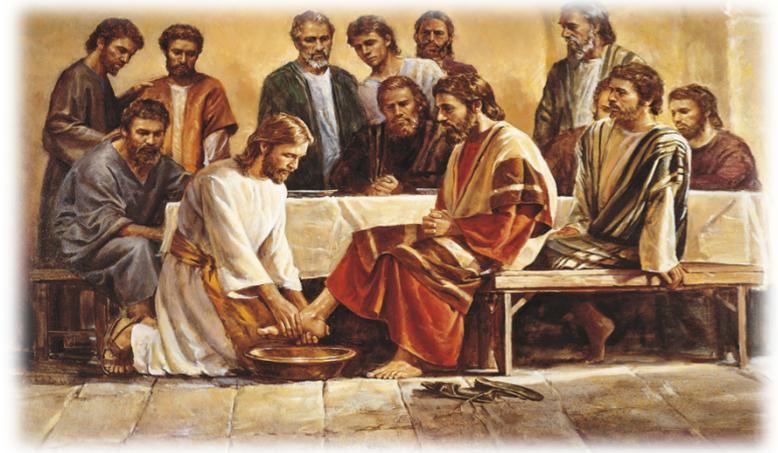
I have participated in different approaches to, and experiences of, prayer.

I can describe how prayer is an important part of the liturgical and devotional life of the Church.

I have reflected on how all of these are different ways of worshipping God.

Apostles' Creed

I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ,
his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended **into hell**;
on the third day he rose again
from the dead;
he ascended into heaven,
and is seated at the right hand
of **God** the Father **almighty**;
from there he will come to judge
the living and the dead.



I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

*NB. Not for use
in Church –
for class
teaching/
Memorisation only.*

Core learning: I know the Nicene Creed, The Apostles Creed, all Mass responses, and The Sorrowful Mysteries of the Rosary.

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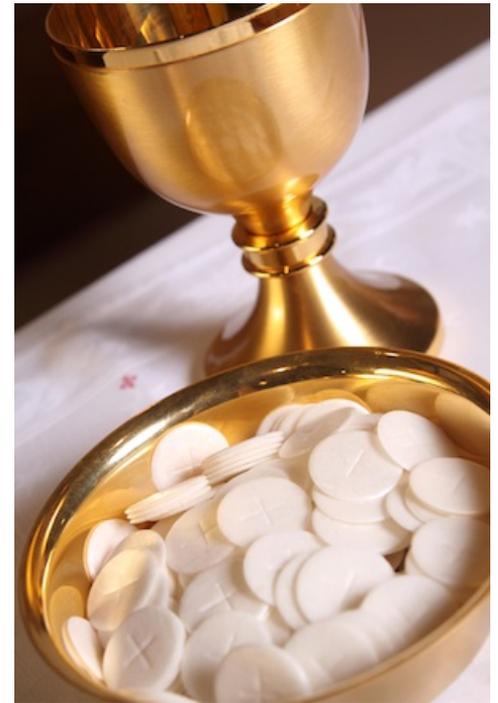
LITURGY OF THE EUCHARIST

Priest:

Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, It will become for us the bread of life.

All: Blessed be God forever.

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Memorisation only.*



Core learning: I know the prayers I learned by heart in P1 - P3 and I understand why I should pray them frequently.

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Simple Mass Responses: Teach as lesson starters and "brain breaks."

LITURGY OF THE EUCHARIST

Priest:

Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, It will become our spiritual drink.

All: Blessed be God forever.

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Simple Mass Responses: Teach as lesson starters and "brain breaks."

LITURGY OF THE EUCHARIST

Priest:

*Pray my brothers and sisters
That my sacrifice and yours
May be acceptable to God,
the almighty Father*

*All: May the Lord accept the sacrifice at your hands,
for the praise and glory of His name,
for our good and the good of all his holy Church.*

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LITURGY OF THE EUCHARIST

Priest: The Lord be with you

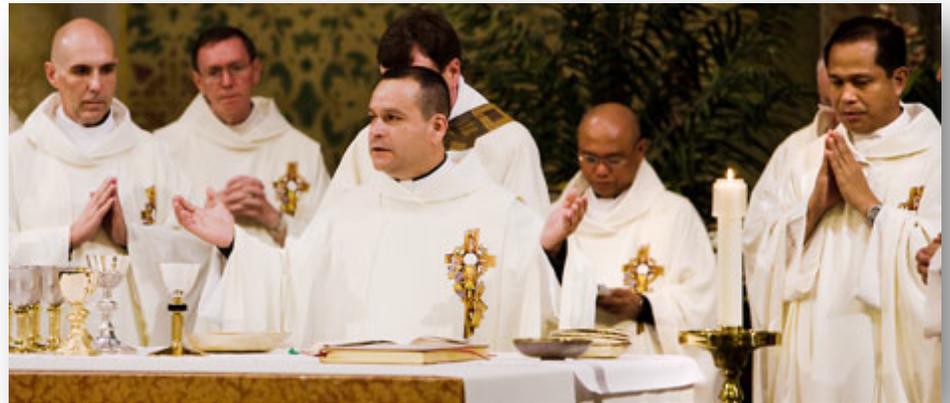
All: And with your spirit.

Priest: Lift up your hearts

All: We lift them up to the Lord

Priest: Let us give thanks to the Lord, our God.

All: It is right and just



Core learning: I know the prayers I learned by heart in P1 - P3 and I understand why I should pray them frequently.

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LITURGY OF THE EUCHARIST

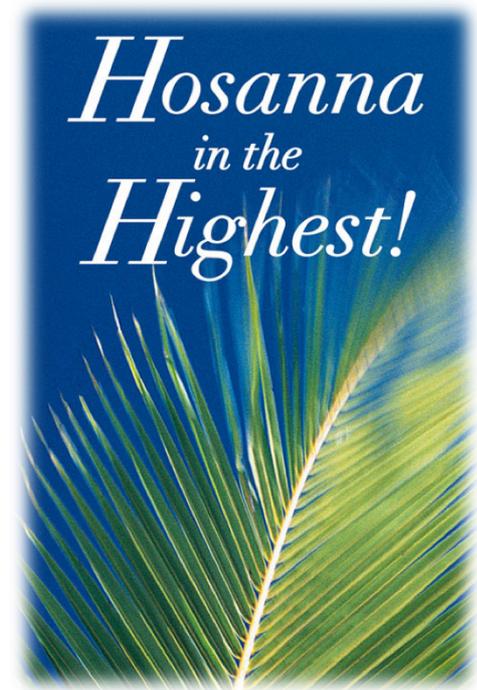
We sing or say:

Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.

Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

*NB The Mass of Christ the Saviour can be heard and practiced at:
<http://www.ocp.org/newmasssettings/newsettings/christthesavior>*

*Core learning: I know the prayers I learned by heart in P1 - P3
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Simple Mass Responses: Teach as lesson starters and "brain breaks."

LITURGY OF THE EUCHARIST

All kneel for the Consecration

Priest: The mystery of faith

**1. We proclaim your death O Lord,
and profess your Resurrection,
until you come again.**



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Simple Mass Responses: Teach as lesson starters and "brain breaks."

LITURGY OF THE EUCHARIST

All kneel for the Consecration

Priest: The mystery of faith

**2. When we eat this Bread,
and drink this Cup,
we proclaim your Death, O Lord,
until you come again**



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LITURGY OF THE EUCHARIST

All kneel for the Consecration

Priest: The mystery of faith

**3. Save us, Saviour of the world,
for by your Cross and Resurrection,
you have set us free.**



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LITURGY OF THE EUCHARIST

The Communion rite:

*At the Saviour's command
and formed by Divine Teaching,
we dare to say:*



OUR FATHER,

who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done on earth
as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.
AMEN

*Core learning: I know the prayers I learned by heart in P1 - P3
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LITURGY OF THE EUCHARIST

The Communion rite:

*Priest: Deliver us, Lord, we pray,
from every evil, graciously
grant peace in our days, that,
by the help of your mercy,
we may be always free from sin and
safe from all distress,
as we await the blessed hope
and the coming of our Saviour,
Jesus Christ.*

*All: For the Kingdom, the power
and the glory are yours,
now and forever.*

*Core learning: I know the prayers I learned by heart in P1 - P3
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Simple Mass Responses: Teach as lesson starters and "brain breaks."

LITURGY OF THE EUCHARIST

The Communion rite:

*Priest: Lord Jesus Christ,
who said to your Apostles,
Peace I leave you, my peace I give you;
Look not on our sins,
But on the faith of your Church,
and graciously grant her peace and unity
in accordance with your will.
Who live and reign for ever and ever.*

All: Amen

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Simple Mass Responses: Teach as lesson starters and "brain breaks."

LITURGY OF THE EUCHARIST

The Sign of Peace

*Priest: The peace of the Lord
be with you always.*

All: And with your spirit

*Priest: Let us offer
one another
the sign of peace*



*Core learning: I know the prayers I learned by heart in P1 - P3
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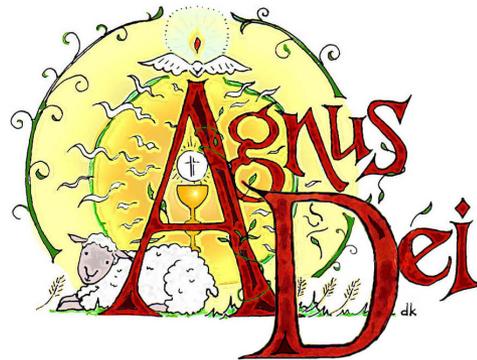
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Simple Mass Responses: Teach as lesson starters and "brain breaks."

LITURGY OF THE EUCHARIST

*The Breaking of
Bread*

*Agnus Dei
or Lamb of God
is said or sung*



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All: Lamb of God you take away the sins of the world, have mercy on us.

Lamb of God you take away the sins of the world, have mercy on us.

Lamb of God you take away the sins of the world, grant us peace.

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Simple Mass Responses: Teach as lesson starters and "brain breaks."

LITURGY OF THE EUCHARIST

Communion

*Priest: Behold the
Lamb of God,
Behold him who
takes away the sins
of the world.*

*Blessed are those
called to the supper
of the Lamb*



*All: Lord I am not worthy
that you should enter
under my roof,
but only say the word and
my soul shall be healed.*

(adapted from the words of the Centurion)

(The words of John the Baptist)

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LITURGY OF THE EUCHARIST

*The communicants come forward
in reverent procession*

(a good idea practice this skill)

and make a preparatory act of reverence and receive communion.

Priest or Extraordinary minister of the Eucharist: The Body of Christ



Each communicant:
Amen



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ALL STAND

LITURGY OF THE EUCHARIST

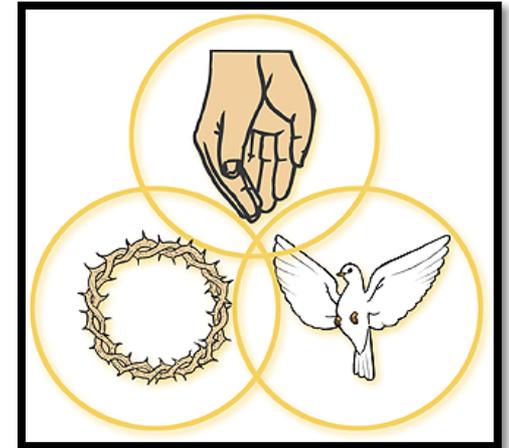
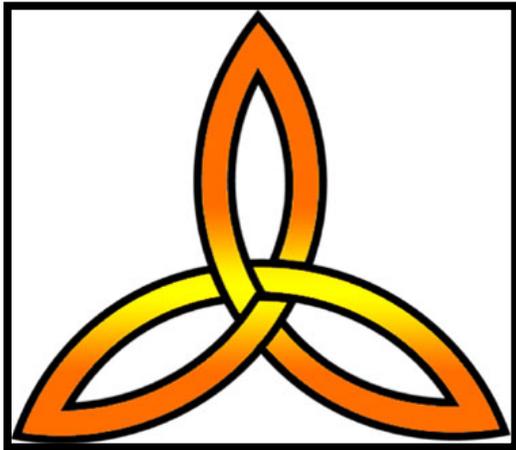
Let us pray:

All: Amen

The Concluding Rite:

Priest: The Lord be with you

All: And with your spirit.



Priest: May almighty God bless you, the Father, the Son
and the Holy Spirit.

All: Amen

*Core learning: I know the prayers I learned by heart in P1 - P3
and I understand why I should pray them frequently.*

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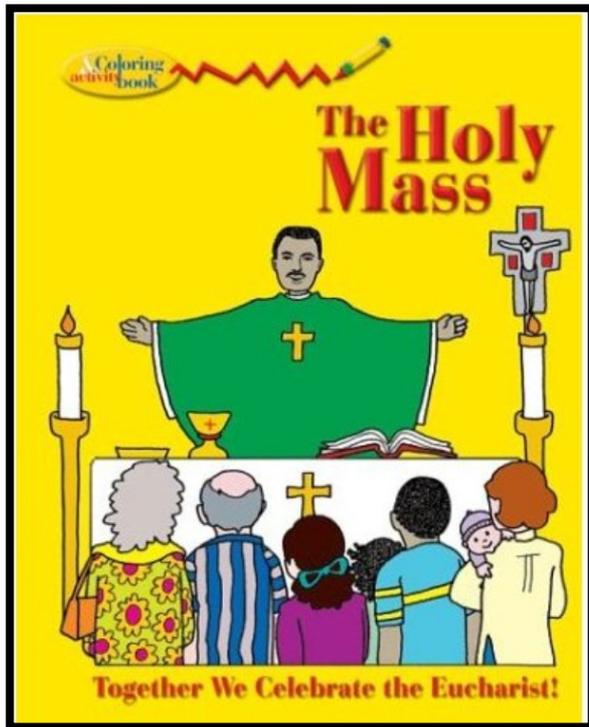
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Simple Mass Responses: Teach as lesson starters and "brain breaks."

LITURGY OF THE EUCHARIST



Dismissal:

Go forth, the Mass is ended

Or

Go and announce the Gospel of the Lord

Or

Go in peace, glorifying the Lord by your life

Or

Go in peace.

All: Thanks be to God

Core learning: I know the prayers I learned by heart in P1 - P3 and I understand why I should pray them frequently.

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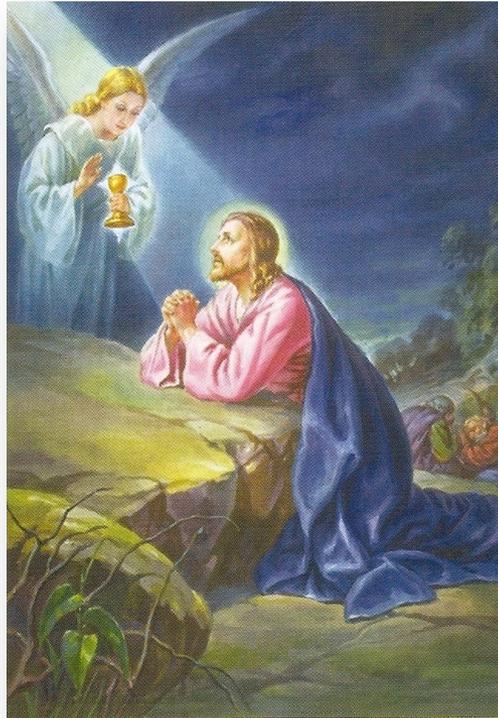
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The Sorrowful Mysteries of the Rosary

The First Sorrowful Mystery: The Agony in the Garden

(These are very suited for prayer during Lent)



To say:

We adore you, O Christ,
and we bless you,
because by your Holy Cross,
You have redeemed
the world.

*While praying this mystery
we ask,
even when it is hard,
for the grace to follow
God's will
in our lives.*

Core learning: I know the Nicene Creed, all Mass responses,
and The Sorrowful Mysteries of the Rosary.

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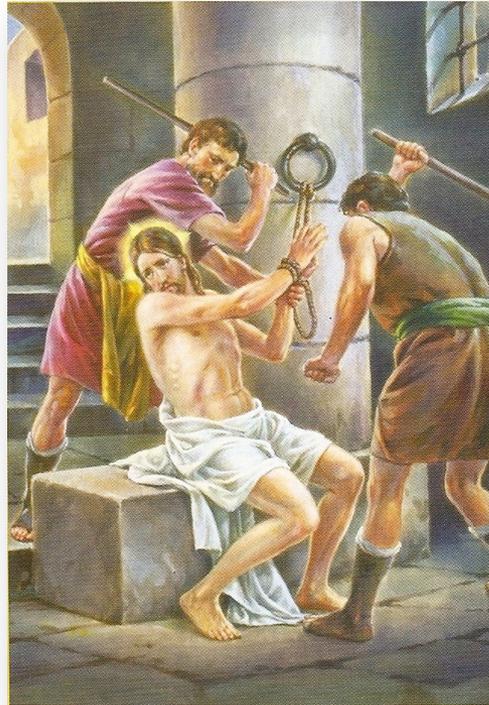
I have reflected on how all of these are different ways of worshipping God.

The Sorrowful Mysteries of the Rosary

The Second Sorrowful Mystery: The scourging at the pillar

(These are very suited for prayer during Lent)

To say:
We adore you, O Christ,
and we bless you,
because by your Holy Cross,
You have redeemed
the world.



*While praying this mystery,
feel pity for Jesus,
and for all those
in the world
who suffer.*

Core learning: I know the Nicene Creed, all Mass responses,
and The Sorrowful Mysteries of the Rosary.

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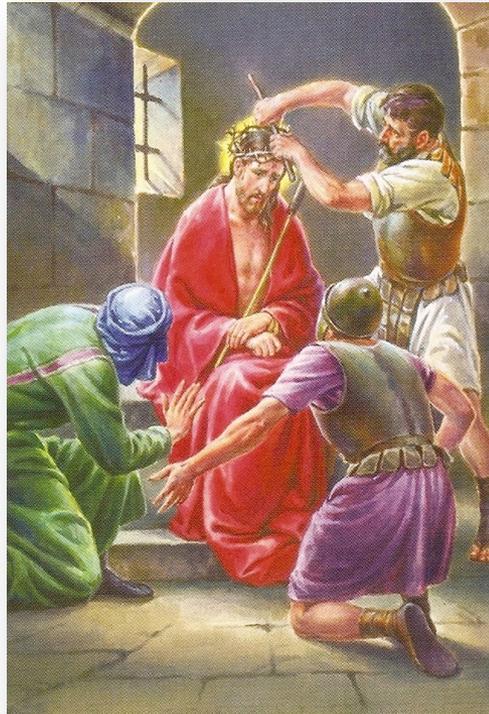
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The Sorrowful Mysteries of the Rosary

The Third Sorrowful Mystery: The scourging at the pillar

(These are very suited for prayer during Lent)



To say:
We adore you, O Christ,
and we bless you,
because by your Holy Cross,
You have redeemed
the world.

*Jesus was mocked
for being a king
and was given
a crown of thorns,
a cloak and a sceptre.*

*Let us pray for the grace
to be patient
with people who
are different
than we expect.*

Core learning: I know the Nicene Creed, all Mass responses,
and The Sorrowful Mysteries of the Rosary.

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The Sorrowful Mysteries of the Rosary

The Fourth Sorrowful Mystery: The carrying of the Cross

(These are very suited for prayer during Lent)



To say:

We adore you, O Christ,
and we bless you,
because by your Holy Cross,
You have redeemed
the world.

*Jesus bore his cross
with courage
and patience.*

*Pray for the grace
to be brave and patient
in our
Christian journey*

Core learning: I know the Nicene Creed, all Mass responses,
and The Sorrowful Mysteries of the Rosary.

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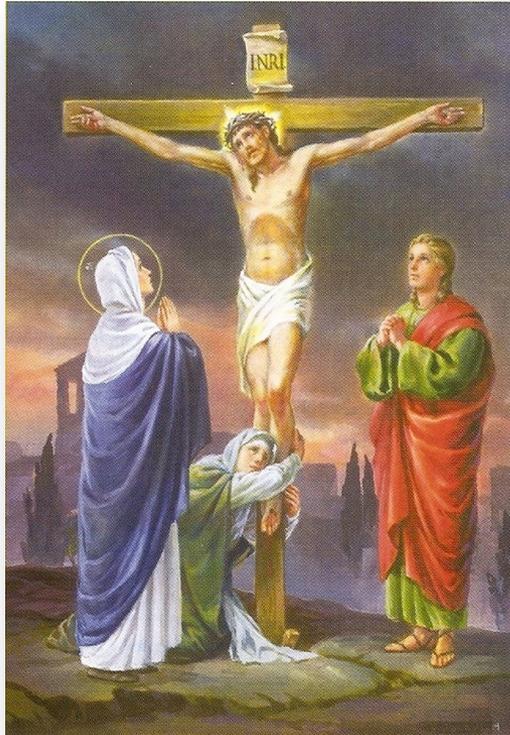
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The Sorrowful Mysteries of the Rosary

The Fifth Sorrowful Mystery: Jesus dies on the Cross

(These are very suited for prayer during Lent)



To say:
We adore you, O Christ,
and we bless you,
because by your Holy Cross,
You have redeemed
the world.

*While praying this mystery,
ask God for the grace
to remember that
even in sad times,
The Father's love
never leaves us.*

*The same love of the Father
that raised Jesus
from the dead
will help us too.*

Core learning: I know the Nicene Creed, all Mass responses,
and The Sorrowful Mysteries of the Rosary.

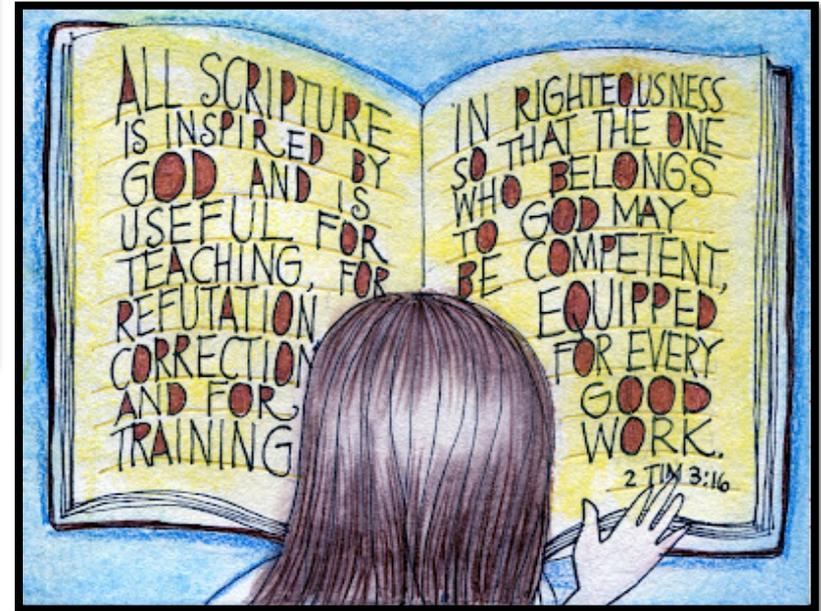
P4 RERC 1-14a

I recognise the importance of personal prayer and communal prayer in the growth of all people's relationship with God. I know a number of traditional Catholic prayers and I have developed an understanding of the meaning of these prayers.

I have participated in different approaches to, and experiences of, prayer.

I can describe how prayer is an important part of the liturgical and devotional life of the Church.

I have reflected on how all of these are different ways of worshipping God.



Core learning: I can respond prayerfully to a guided meditation based on Scripture and listen to God speaking in my heart.

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Core learning: I have been prepared to participate in Eucharistic Adoration and I know that this is a special way of praying to Jesus who is present in the Eucharist, beyond the celebration of Mass in the school or parish setting.

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Tabernacle and (red) sanctuary light

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Can you genuflect reverently?



Can you make a cross on your forehead, lips and heart to greet the Gospel?



Can you make the sign of the cross prayerfully?

Core learning: I know how to participate prayerfully in some liturgical events through gesture, word and song.

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Can you process prayerfully?



Can you watch and pray at Mass?

Core learning: I know how to participate prayerfully in some liturgical events through gesture, word and song.

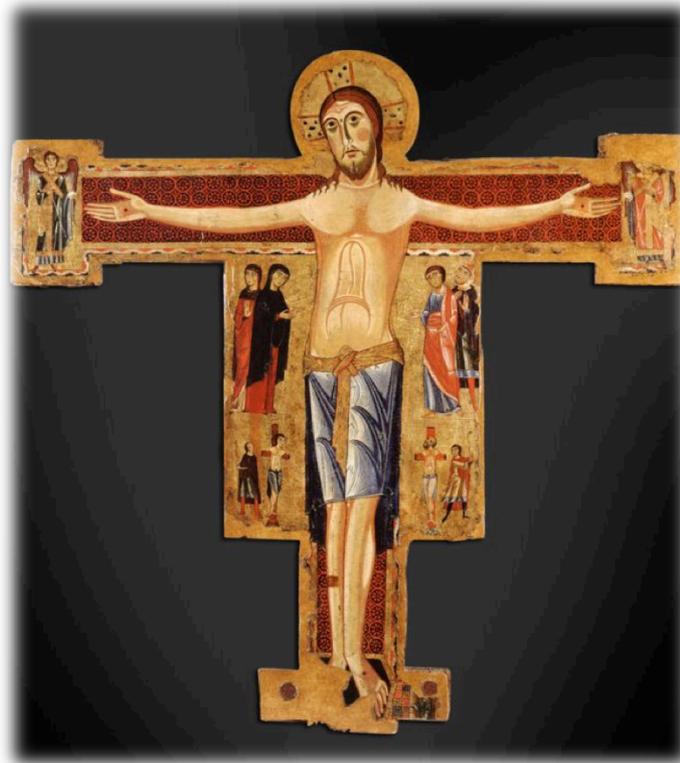
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key vocabulary

traditional Catholic prayers, liturgical life of the Church, devotional life of the Church, worshipping God, Nicene Creed, Sorrowful Mysteries, Mass responses, meditation, Eucharistic Adoration