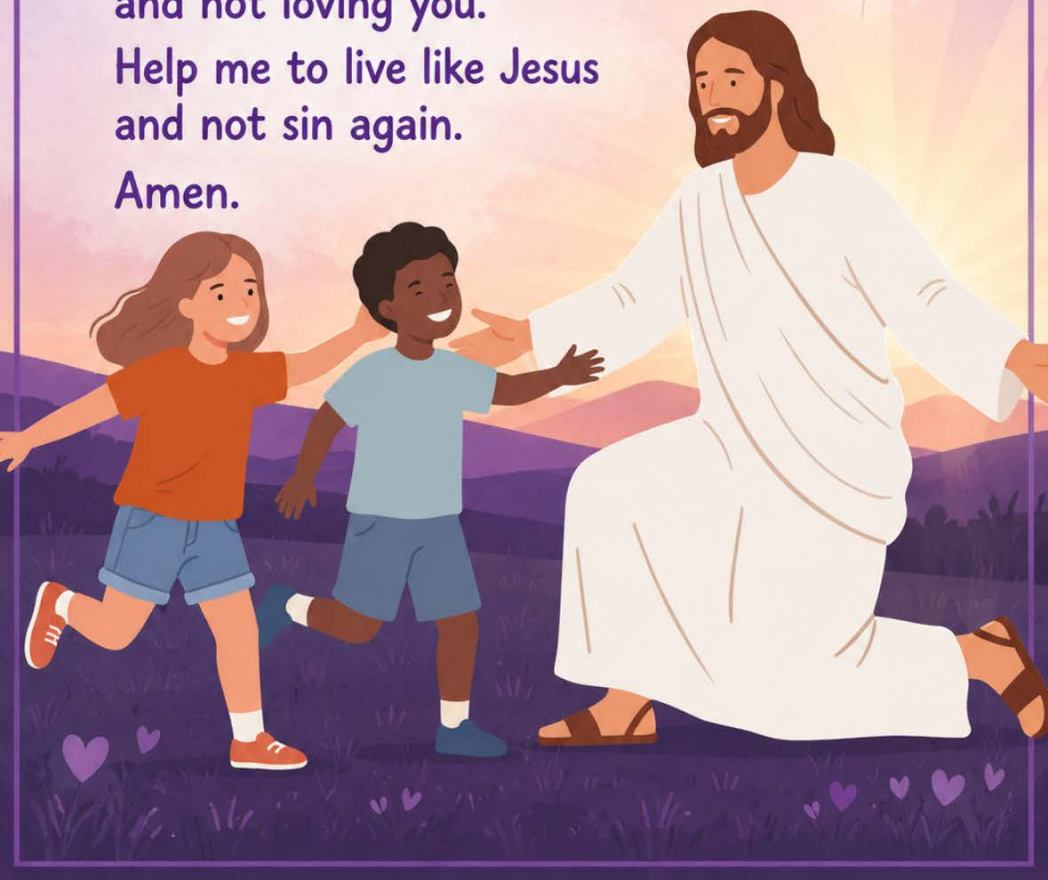
Act of Sorrow

O my God,
I thank you for loving me.
I am sorry for all my sins.
For not loving others
and not loving you.
Help me to live like Jesus
and not sin again.
Amen.