My Examination of Conscience

Jesus, the Good Shepherd, loves me and is always close to me.

"I am the good shepherd. I know my own and my own know me."
John 10:14

Take a quiet moment. Think about your day and ask Jesus to help you be honest and kind.

❤■ Love

■ Have I shown love and kindness to my family and friends?
■ Have I helped someone who needed me?

■ Kindness

■ Have my words or actions hurt someone?
■ Have I included others, or have I left someone out?

■ Responsibility

■ Have I tried my best at school and at home?
■ Have I told the truth and admitted when I made a mistake?

■ Faith

■ Have I made time to pray and listen to Jesus?
■ Have I remembered that Jesus loves me and wants me to follow Him?

A little prayer

Jesus, my Good Shepherd, thank You for loving me.
Help me to see where I can do better.
Give me a kind heart, gentle words and courage to say sorry.
Help me to follow You and care for others. Amen.

Today I want to: _____

Thank you, Jesus, for always being with me.