

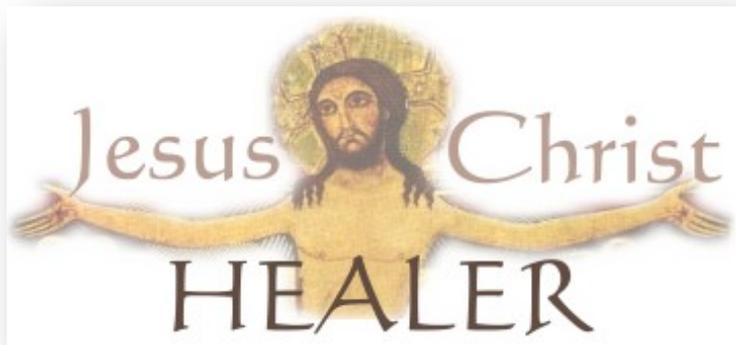
Through my study of the Seven Sacraments I have developed a deeper understanding of them and I have reflected on how they strengthen my relationships with God and others.



Core learning:

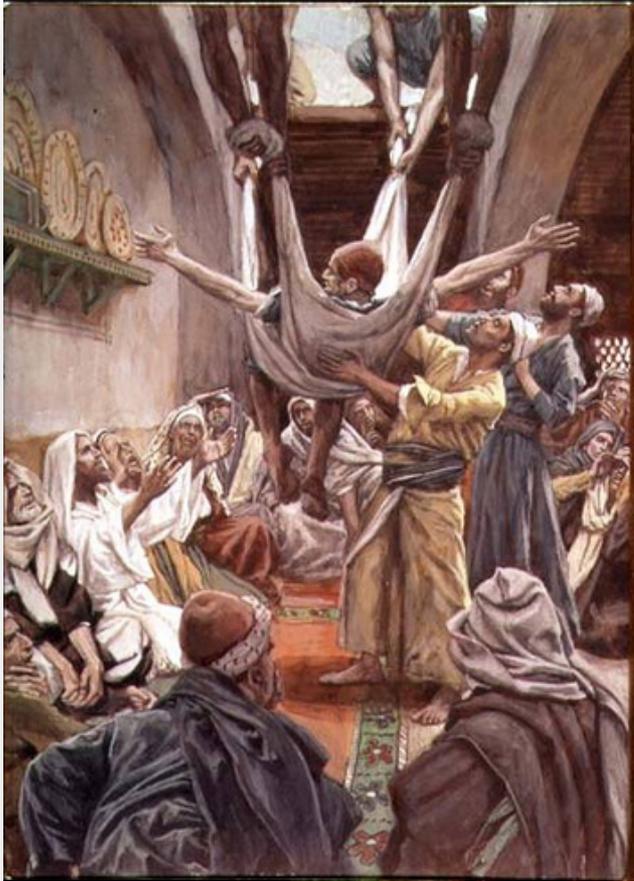
I know and can name the Seven Sacraments: Baptism, Confirmation, Eucharist, Reconciliation (Penance), Anointing of the Sick, Holy Orders, Marriage.

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Core learning: I recognise that two of these Sacraments - the Sacrament of Reconciliation (Penance) and the Sacrament of the Anointing of the Sick - are called the "Sacraments of Healing".

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*The paralysed man was brought to Jesus by his friends.*

*Talk with a friend of how Jesus wishes all people to be healthy in body and soul.*

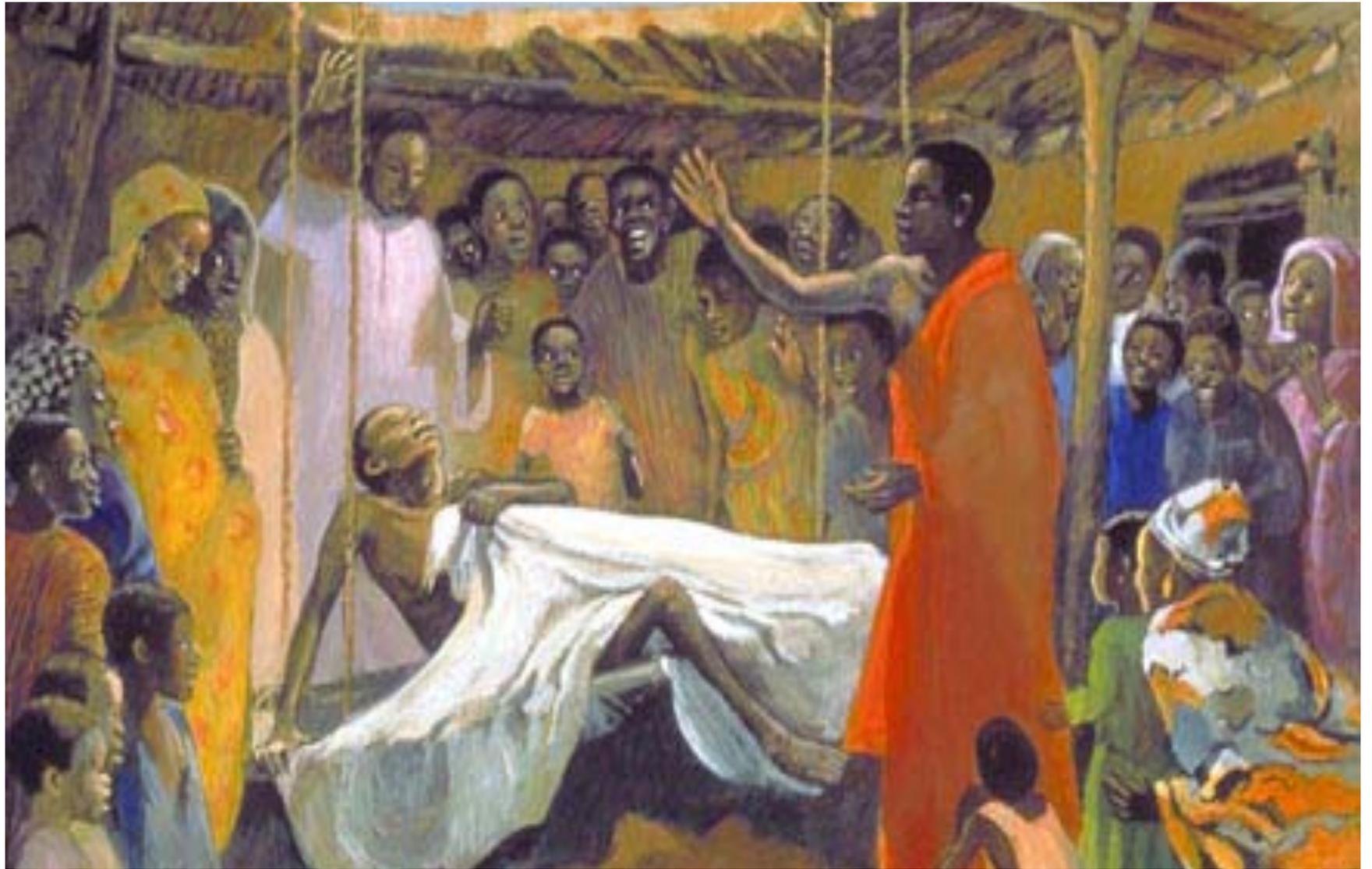
Core learning: I know that Jesus helped people to stay healthy in body and soul, and healed them e.g., the healing of the paralysed man (Mark 2: 1-12) and that the healing mission of Jesus is continued by the Church, through the power of the Holy Spirit.

## Jesus Forgives and Heals the Paralysed Man

When he returned to Capernaum after some days,  
it was reported that he was at home.

So many gathered around  
that there was no longer room for them,  
not even in front of the door;  
and he was speaking the word to them.

Then some people came,  
bringing to him a paralysed man,  
carried by four of them.  
And when they could not bring him to Jesus  
because of the crowd,  
they removed the roof above him;



Mark 2:1-12

## Jesus Forgives and Heals the Paralysed Man

...and after having dug through it,  
they let down the mat on which the paralytic lay.  
When Jesus saw their faith, he said to the paralytic,  
‘Son, your sins are forgiven.’

Now some of the scribes were sitting there,  
questioning in their hearts,  
‘Why does this fellow speak in this way?  
It is blasphemy! Who can forgive sins but God alone?’

At once Jesus perceived in his spirit  
that they were discussing these questions among themselves;  
and he said to them,

‘Why do you raise such questions in your hearts?  
Which is easier, to say to the paralytic,  
“Your sins are forgiven”,  
or to say,

“Stand up and take your mat and walk”?



## Jesus Forgives and Heals the Paralysed Man

But so that you may know that the Son of Man has authority on earth to forgive sins' -  
he said to the paralytic-  
'I say to you, stand up,  
take your mat and go to your home.'

And he stood up,  
and immediately took the mat  
and went out before all of them;  
so that they were all amazed and glorified God, saying,  
'We have never seen anything like this!'



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## Fresh Start

*Making Peace with the Past*



*The Sacrament  
of Reconciliation  
gives us a fresh start.*

*Can you think of something  
in your life you would  
like to change?*

Core learning: I understand that, just as a doctor helps us to stay healthy, Jesus helps us to stay healthy in body and soul through the Sacraments of Healing.

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*The Sacrament of the sick strengthens and gives comfort.*

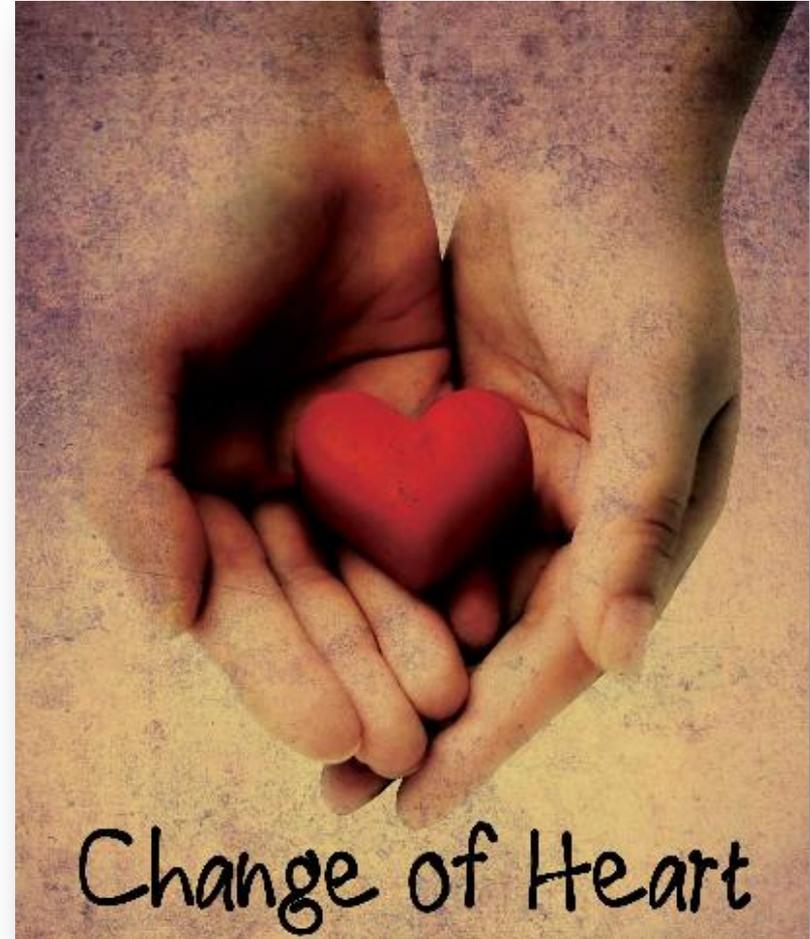


Core learning: I understand that, just as a doctor helps us to stay healthy, Jesus helps us to stay healthy in body and soul through the Sacraments of Healing.

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*Is there something in your life that you would like God's mercy and healing for?*

*In the silence of your heart bring these things to the Lord in prayer.*



I know that, when I sin and distance myself from God, I can have a change of heart, turn back to God and receive his healing, mercy and forgiveness through the Sacrament of Reconciliation.

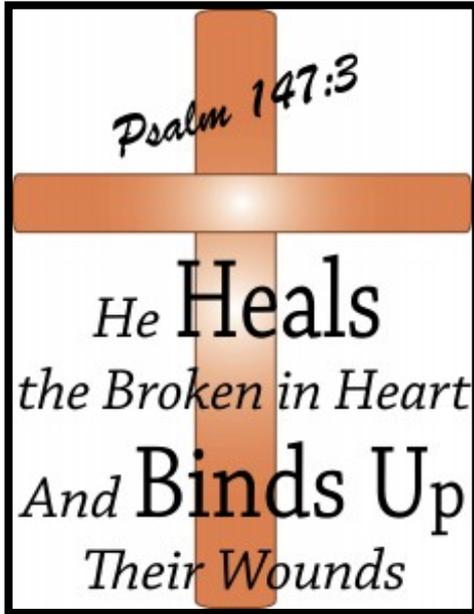
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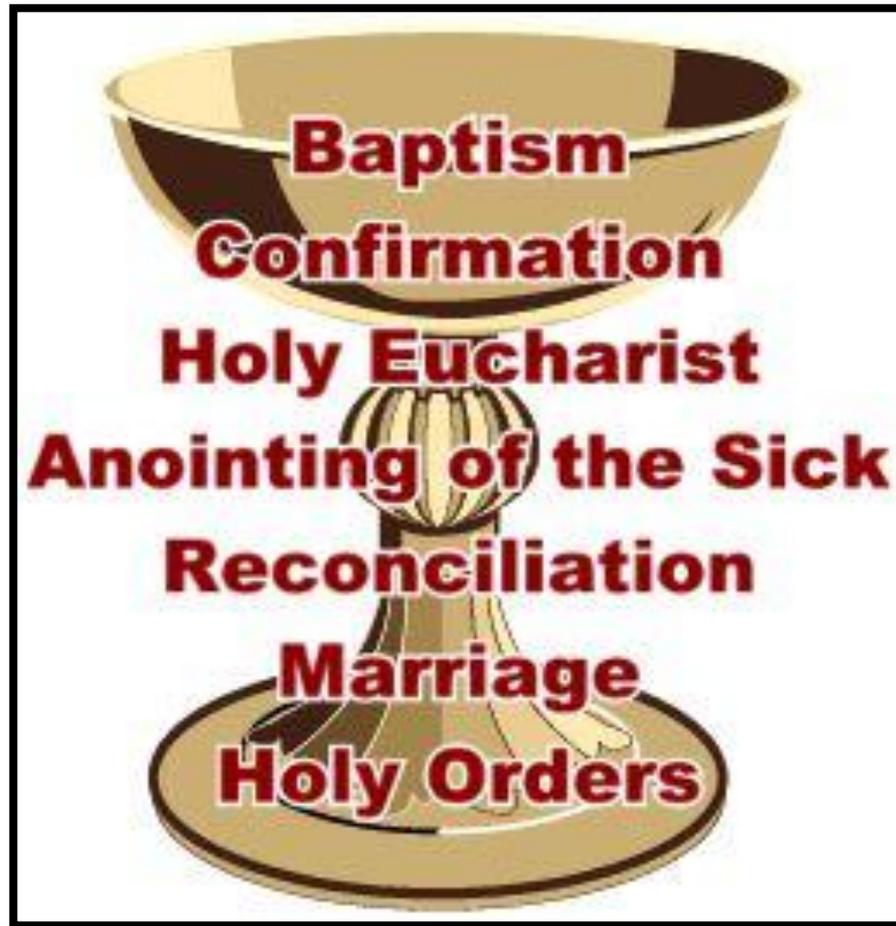
Core learning: I know that this change of heart allows me to become closer to God

and that the healing Sacrament of Reconciliation calls me to make peace with others.

Through my study of the Seven Sacraments I have developed a deeper understanding of them and I have reflected on how they strengthen my relationships with God and others.



Core learning: I know that, in the Sacrament of the Anointing of the Sick, the priest anoints the sick person with holy oil and lays his hands on them, to strengthen, heal and forgive them.



## Seven Sacraments



Baptism



Reconciliation / Penance / Confession



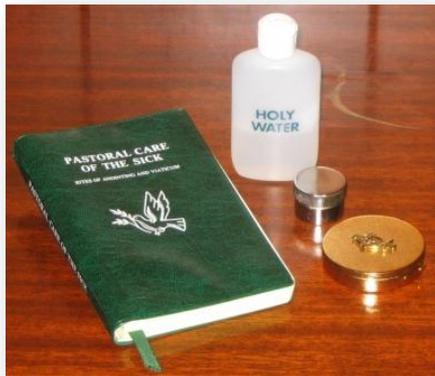
Confirmation



Eucharist



The Blessed Sacrament



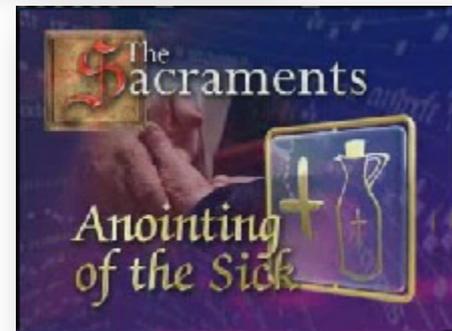
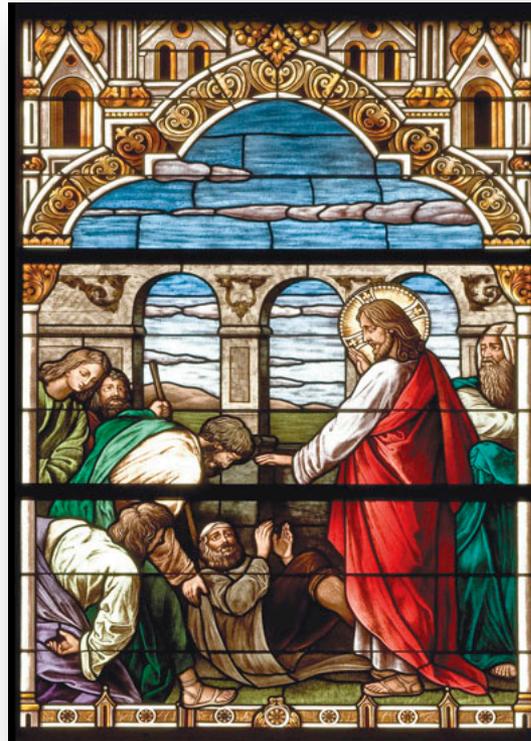
# Anointing of the Sick



# Holy Orders



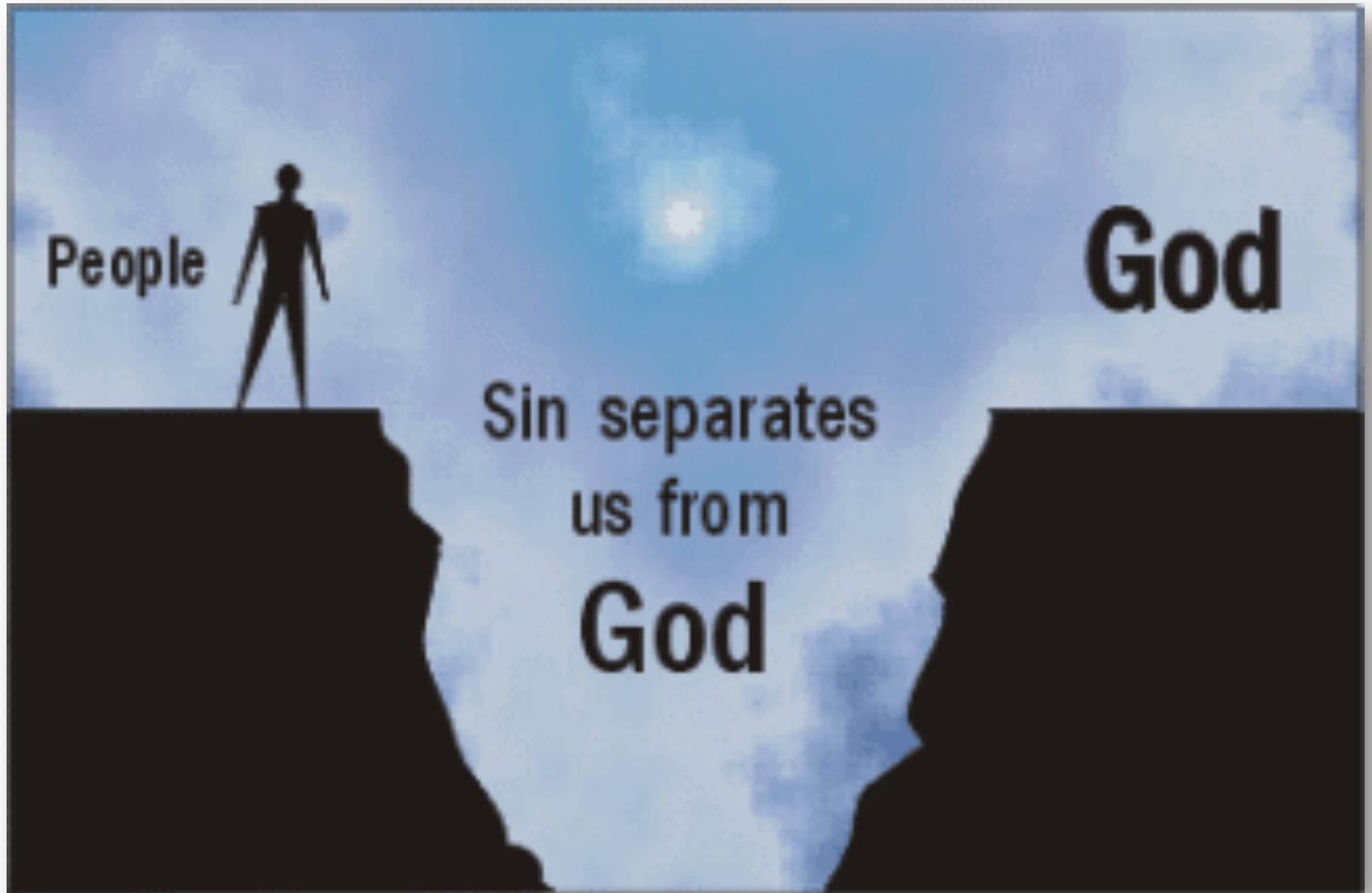
Matrimony / Marriage



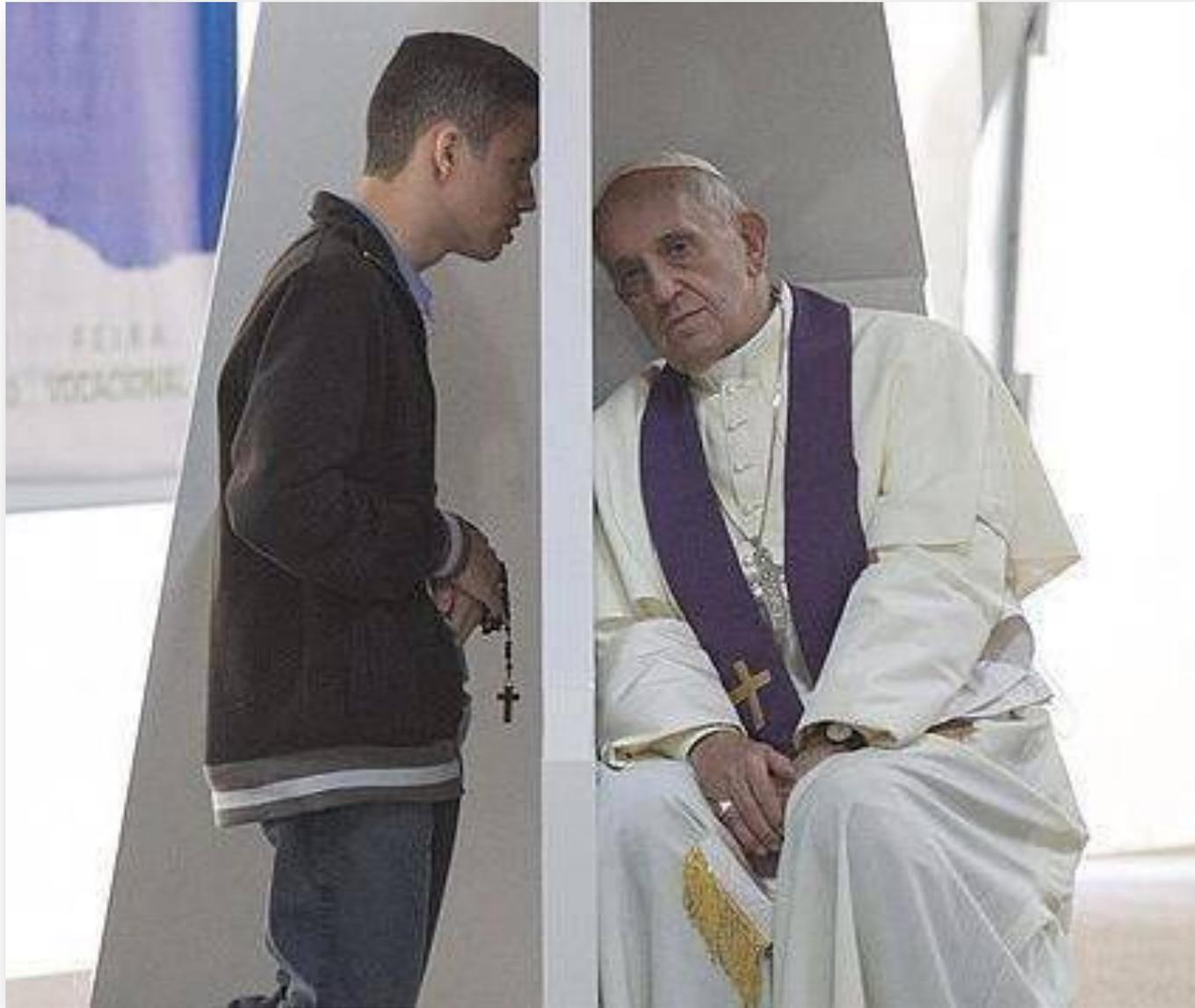
# Sacraments of Healing



change of heart: repentance



*sin*



forgive

# Forgiveness

is the best form of love..

It takes a strong person to say sorry  
and an ever stronger person to forgive...



forgive