

I can recognise Mary's significance within the Catholic tradition  
and I know that celebrating her feast days  
and praying to God through Mary can enrich my life.



Pray this prayer  
with your class  
in Advent, and in  
the months  
of October and May.

V. The Angel of the Lord  
declared unto Mary:  
R. And she conceived by the Holy Spirit.  
*Hail Mary...*

V. Behold the handmaid of the Lord:  
R. Be it done unto me according  
to Thy Word.  
*Hail Mary...*

V. And the Word was made flesh:  
R. And dwelt among us.  
*Hail Mary...*

**~Concluding prayer~**

V. Pray for us, O Holy Mother of God,  
R. That we may be made worthy of  
the promises of Christ.

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*Let us pray: Pour forth, we beseech  
Thee, O Lord, Thy grace into our  
hearts; that we, to whom the  
incarnation of Christ, Thy Son,  
was made known by the message  
of an angel, may by His Passion  
and Cross be brought to the glory  
of His Resurrection, through the  
same Christ Our Lord. Amen.*

Core learning:

I am learning to pray the Angelus at noon, in honour of Mary,  
particularly in the season of Advent and during the months of May and October.

I can recognise Mary's significance within the Catholic tradition and I know that celebrating her feast days and praying to God through Mary can enrich my life.



Mary was the first to say "yes" to God.

Therefore she is honoured as the first of all Christian believers.

How can you say, "yes" to God in your life?

Core learning:

I can recognise that Mary is honoured as the first of all believers.

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Core learning:

I know that Mary is given the titles Mother of God and Mother of the Church and I can explain what these terms mean.

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*Mary accompanies the Apostles at Pentecost.*

*She is the Mother of the Church.*

*Pray a Hail Mary with your class, giving thanks for having her as your mother.*

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This mural from the 11<sup>th</sup> Century shows Mary, the Mother of Jesus as Mother of the Church.

Discuss in pairs what Mother of the Church may mean.

(Starter:  
A mother may console and comfort, protect and advise.)

Design a poster showing Mary As Mater Ecclesia, Mother of the Church.

Core learning:

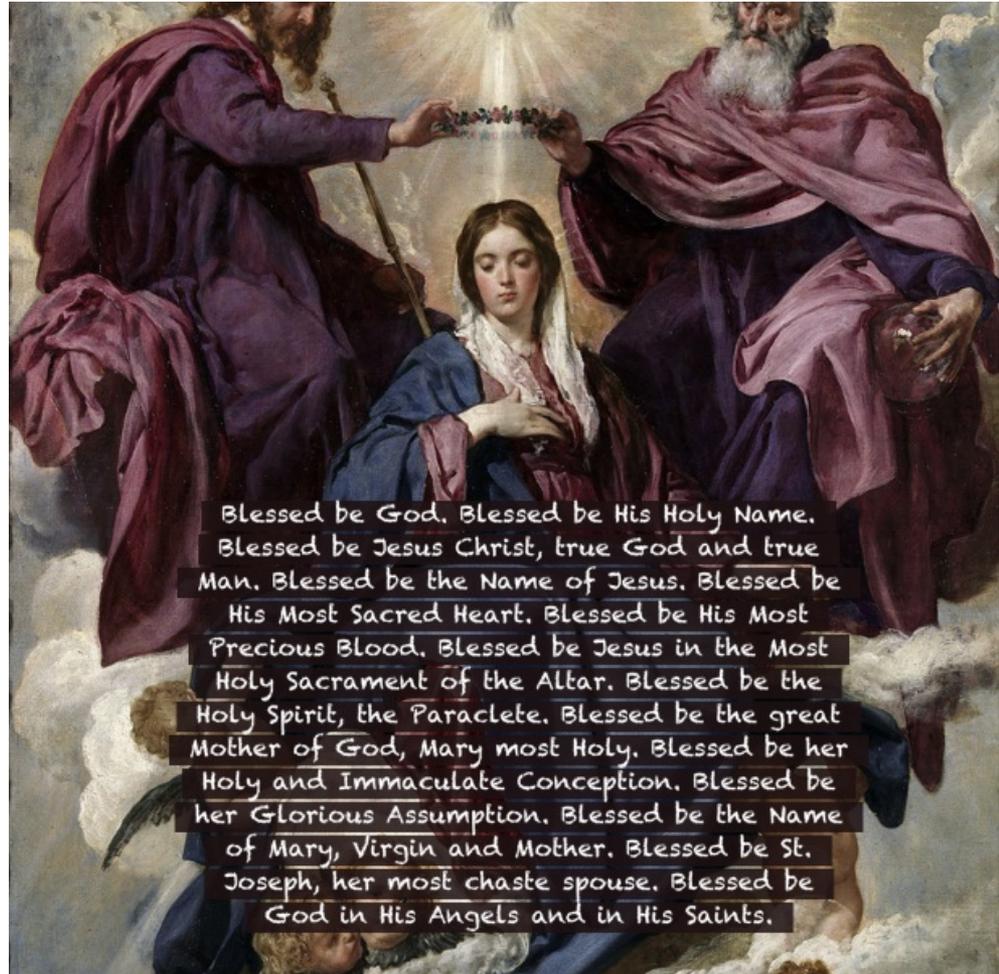
I know that Mary is given the titles Mother of God and Mother of the Church and I can explain what these terms mean.

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A litany is a list prayer of petitions or praises.

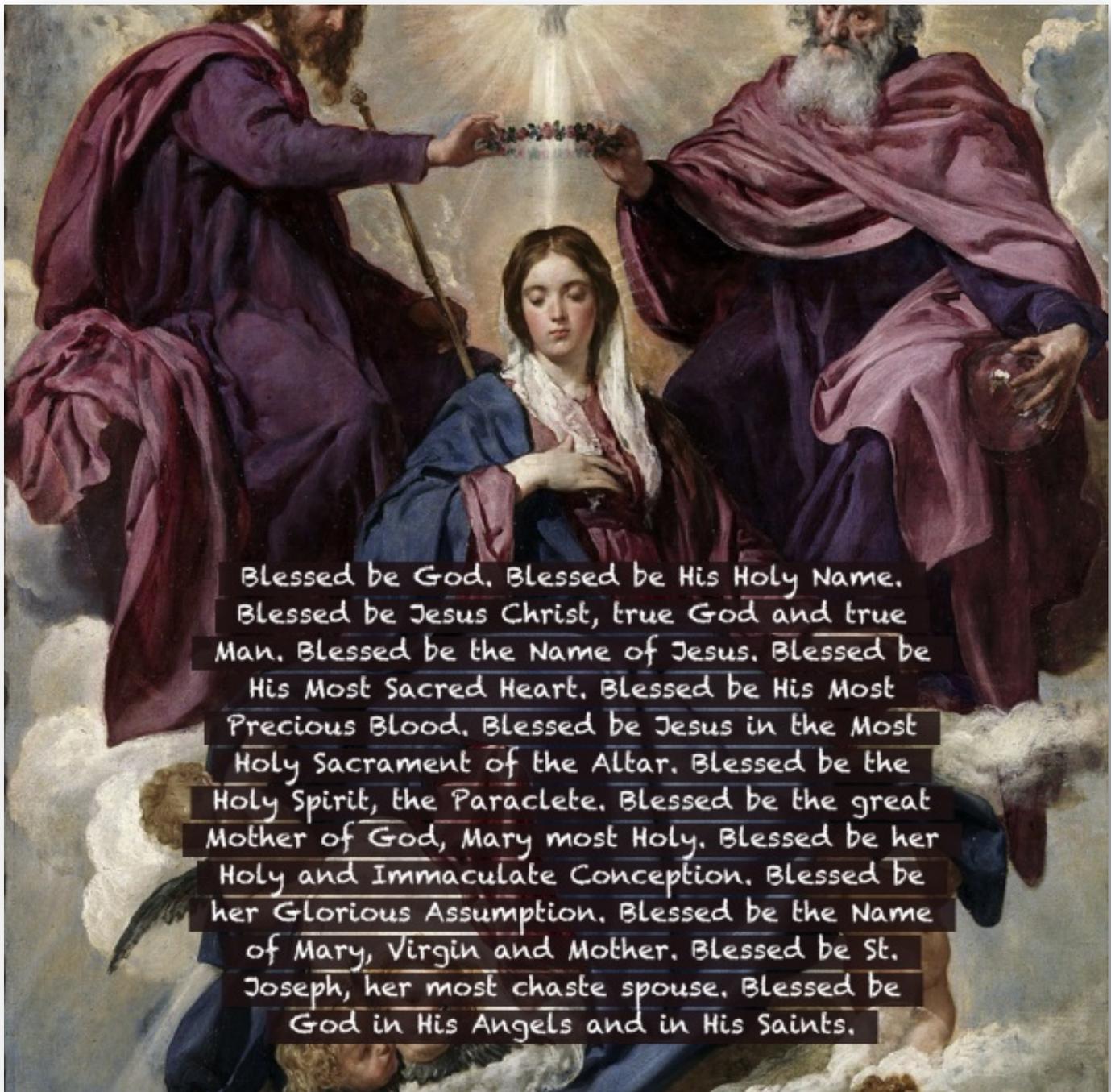
These are often directed Jesus, to Our Lady, The Mother of God, the angels and saints.

Pray the Divine Praises with your class.



Core learning:

I understand what 'a litany' means and I can participate in a simple Litany to Mary, or the Litany of the Saints.



Blessed be God. Blessed be His Holy Name. Blessed be Jesus Christ, true God and true Man. Blessed be the Name of Jesus. Blessed be His Most Sacred Heart. Blessed be His Most Precious Blood. Blessed be Jesus in the Most Holy Sacrament of the Altar. Blessed be the Holy Spirit, the Paraclete. Blessed be the great Mother of God, Mary most Holy. Blessed be her Holy and Immaculate Conception. Blessed be her Glorious Assumption. Blessed be the Name of Mary, Virgin and Mother. Blessed be St. Joseph, her most chaste spouse. Blessed be God in His Angels and in His Saints.

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A litany is a list prayer of petitions or praises.

These are often directed Jesus, to Our Lady, The Mother of God, the angels and saints.

Pray this simple litany to our Lady slowly and reverently.



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I understand what 'a litany' means and I can participate in a simple Litany to Mary, or the Litany of the Saints.



Holy Mary, pray for us.  
Holy Mother of God, pray for us.  
Holy Virgin of virgins, pray for us.  
Mother of Christ, pray for us.  
Mother of divine grace, pray for us.  
Mother most pure, pray for us.  
Mother most chaste, pray for us.  
Mother most amiable, pray for us.  
Mother most admirable, pray for us.  
Mother of good counsel, pray for us.  
Mother of our Creator, pray for us.  
Mother of our Saviour, pray for us.  
Virgin most faithful, pray for us.  
Mirror of justice, pray for us.  
Seat of wisdom, pray for us.  
Cause of our joy, pray for us.

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An apparition of Our Lady is a vision or appearance to a particularly holy person.

The purpose is to guide and lead people to deeper faith in Jesus, the Son of God.

One of the most famous appearances of Our Lady is the vision given to St Bernadette at Lourdes.

*(Link with home:  
There is a film  
called*

*the Song of Bernadette;  
The following link  
shows a b/w film  
narrating her visions.*

*It is a film as Bernadette  
is portrayed as American –  
she was French.  
It is very accurate to the saint's  
own account.*

*<http://youtu.be/1TdTI-alf14>)*



**Core learning:**

**I can explain the term "apparition" and I am familiar with the story of Mary's apparition in Lourdes.**

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Bernadette Soubirous was born in Lourdes, France to Francois and Louise Casterot who were very poor.

She was the oldest of six children but was frail and often sick.

On Thursday, February 11, 1859, around the time of her First Communion, Bernadette was sent with her younger sister and a friend to gather firewood.

And this is the story she had to tell, which was taken from a letter she wrote:

"I had gone down one day with two other girls to the bank of the river Gave when suddenly I heard a kind of rustling sound. I turned my head toward the field by the side of the river, but the trees seemed quite still and the noise was evidently not from them.

Then I looked up and caught sight of the cave where I saw a lady wearing a lovely white dress with a bright belt. On top of each of her feet was a pale yellow rose, the same color as her rosary beads.

At this I rubbed my eyes,  
thinking I was seeing things,  
and I put my hands into the fold of my dress  
where my rosary was.

I wanted to make the sign of the cross,  
but for the life of me I couldn't manage it,  
and my hand just fell down.

Then the lady made  
the sign of the cross herself,  
and at the second attempt  
I managed to do the same,  
though my hands were trembling.

Then I began to say the rosary  
while the lady let her beads  
clip through her fingers,  
without moving her lips.

When I stopped saying the Hail Mary,  
she immediately vanished."



The beautiful lady who appeared to Bernadette above a rosebush  
in the grotto of Massabielle was God's Mother, the Blessed Virgin Mary.  
She appeared to Bernadette eighteen times and spoke with her.  
She told Bernadette that she should pray for sinners and do penance.



The Lady also told her to have a chapel built there in her honor. Many people did not believe Bernadette when she spoke of her vision.

She had to suffer very much.

But one day Our Lady told Bernadette to dig in the mud.

As she did, a spring of water began to flow.

The next day it continued to grow larger and larger.

Many miracles happened when people began to use this water.

When Bernadette was older, she became a sister.

She was always very humble and did not want to be praised.

She did not want to receive special treatment

just because she had actually seen the Blessed Virgin.

Although her own health was poor, she helped care for the sick and elderly sisters.

She died in 1879 at the age of thirty-six.

Her last words were: "Holy Mary, pray for me, a poor sinner."

A highlight of a pilgrimage to Lourdes is the Candlelit rosary procession and Mass at the Grotto.

Invite a priest or Parishioner to speak to you about prayer and pilgrimage in Lourdes.



Pilgrims visiting Lourdes for its healing qualities bathe in pools of water from Bernadette's spring. Reports of miracles of our Lady of Lourdes are thoroughly examined and evidence indicates that there are many cases of verifiable healings at the grotto.

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Core learning:  
I know that Mary's birthday is celebrated on 8th September.

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## THE JOYFUL MYSTERIES

Mondays and Saturdays



### 1. The Annunciation of Our Lord

MEDITATION: The angel said to Mary, "You shall conceive and bear a son and give Him the name Jesus. And He will be called Son of the Most High."

Luke 1:31-32



### 2. The Visitation

MEDITATION: "Blessed are you among women and blessed is the fruit of your womb. Blessed is she who trusted that the Lord's words to her would be fulfilled."

Luke 1:42 & 45



### 3. The Nativity of Jesus

MEDITATION: While Mary and Joseph were in Bethlehem, she gave birth to her firstborn son and wrapped Him in swaddling clothes and laid Him in a manger.

Luke 2:6-7



### 4. The Presentation in the Temple

MEDITATION: When the day came to purify them according to the law of Moses, Mary and Joseph brought Jesus up to Jerusalem so that He could be presented to the Lord.

Luke 2:22



### 5. The Finding in the Temple

MEDITATION: They came upon Him in the temple sitting in the midst of the teachers, listening to them and asking them questions. All who heard Him were amazed.

Luke 2:46-47

Core learning:

can name the Joyful, Sorrowful, Glorious and Luminous Mysteries of the Rosary,  
and I recognise that these narratives

come from the Gospel accounts of Jesus' life, death and Resurrection.

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## THE SORROWFUL MYSTERIES

Tuesdays and Fridays



### 1. The Agony in the Garden

MEDITATION: Jesus went with them to a place called Gethsemani. He advanced a little and fell prostrate in prayer. "My Father, if it is possible, let this cup pass me by."

Matthew 26:36 & 39



### 2. The Scourging at the Pillar

MEDITATION: The people said, "Let His blood be upon us and upon our children." At that, he released Barabbas to them. Jesus, however, he first had scourged.

Matthew 27:25-26



### 3. The Crowning with Thorns

MEDITATION: They stripped off His clothes and wrapped Him in a scarlet cloak. Weaving a crown out of thorns, they fixed it on His head and began to mock Him.

Matthew 27:28-29



### 4. The Carrying of the Cross

MEDITATION: Jesus was led away, and carrying the cross by Himself, went out to what is called the Place of the Skull. There they crucified Him.

John 19:17-18



### 5. The Crucifixion and Death

MEDITATION: The curtain in the sanctuary was torn in two. Jesus uttered a loud cry and said, "Father, into Your hands I commend my spirit." After this, He expired.

Luke 23:45-46

Core learning:

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### THE GLORIOUS MYSTERIES

Wednesdays and Sundays



#### 1. The Resurrection of Our Lord

MEDITATION: The angel spoke, "Do not be frightened. I know you are looking for Jesus the crucified, but He is not here. He has been raised, exactly as promised."

Matthew 28:5-6



#### 2. The Ascension into Heaven

MEDITATION: He then led them out near Bethany, and with hands upraised, blessed them. As He blessed, He left them, and was taken up to heaven.

Luke 24:50-51



#### 3. The Descent of the Holy Spirit

MEDITATION: Tongues as of fire appeared which parted and came to rest on each of them. All were filled with the Holy Spirit.

Acts 2:3-4



#### 4. The Assumption of Mary

MEDITATION: May you be blessed, my daughter, by God most high, beyond all women on earth; and may the Lord God be blessed, the Creator of heaven and earth.

Judith 13:18



#### 5. The Coronation of Mary

MEDITATION: A great sign appeared in the sky, a woman clothed with the sun, with the moon under her feet and on her head a crown of twelve stars.

Rev. 12:1

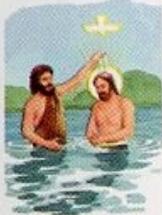
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## THE LUMINOUS MYSTERIES

Thursdays



### 1. The Baptism in the Jordan

**MEDITATION:** Jesus descends into the water of the Jordan River and is baptized by John. The heavens open and the voice of the Father declares Him the beloved Son. The Spirit descends upon Jesus in the form of a dove and fills Him with God's mission to save humankind from sin.

Matthew 3:17



### 2. The Wedding at Cana

**MEDITATION:** Jesus changes water into wine at the request of Mary, who was first among believers. The disciples witness this miracle, their hearts open to the faith, and they begin to believe in Him.

John 2:1-12



### 3. The Proclamation of the Kingdom of God

**MEDITATION:** Jesus preaches the Gospel in Galilee. He proclaims that this is the time of fulfillment, for the Kingdom of God is at hand. He asks all to repent and forgives the sins of those who believe in Him.

Mark 1:15



### 4. The Transfiguration

**MEDITATION:** On Mount Tabor, the Apostles see the glory of God shining forth from the face of Jesus. The voice of the Father, coming from a cloud, says, "This is my chosen Son, listen to Him."

Luke 9:35



### 5. The Institution of the Eucharist

**MEDITATION:** At the Last Supper, Jesus offers His body and blood, under the signs of bread and wine, and washes the feet of the Apostles. He knows that Judas has betrayed Him and His hour has come. Jesus testifies to His everlasting love for each one of us by sharing the Sacrament of the Eucharist.

John 13:1

Core learning:

can name the Joyful, Glorious and Luminous Mysteries of the Rosary,  
and I recognise that these narratives

come from the Gospel accounts of Jesus' life, death and Resurrection.



Our Father & Glory Be

13  
10 Hail Mary's

11  
10 Hail Mary's

10 Hail Mary's  
7

10  
Our Father & Glory Be

9  
10 Hail Mary's

Our Father & Glory Be  
6 8

10 Hail Mary's  
5

14  
Hail Holy Queen

Our Father & Glory Be  
4

3 Hail Mary's  
3

2  
Our Father

1  
Sign of the Cross & Apostle's Creed



Angelus

# The Angelus

## **Prayer at dawn:**

V. The Angel of the Lord declared unto Mary:

R. And she conceived by the Holy Spirit.

*Hail Mary...*

## **Prayer at noon:**

V. Behold the handmaid of the Lord:

R. Be it done unto me according to Thy Word.

*Hail Mary...*

## **Prayer at twilight:**

V. And the Word was made flesh:

R. And dwelt among us.

*Hail Mary...*

## **Conclusion after each prayer time:**

V. Pray for us, O Holy Mother of God,

R. That we may be made worthy of the promises of Christ.

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*Let us pray:*

*Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord. Amen.*

## **Feast of the Annunciation - 25 March**

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Angelus



Mother of God



Mother of the Church

**S**cē Iohis baptista orate pro nob.  
**O**mī sēi patriarche & pphē orate pro nob.  
**S**cē Petre orate pro nob.  
**S**cē patre orate pro nob.  
**S**cē Andrea orate pro nob.  
**S**cē Iacobe orate pro nob.  
**S**cē Iohannes orate pro nob.  
**S**cē Ithoma orate pro nob.  
**S**cē Iacobe orate pro nob.  
**S**cē Philippe orate pro nob.  
**S**cē Bartholomee orate pro nob.  
**S**cē Matthee orate pro nob.  
**S**cē Simon orate pro nob.  
**S**cē Tadde orate pro nob.  
**S**cē Mathia orate pro nob.  
**S**cē Barnaba orate pro nob.  
**S**cē Marce orate pro nob.  
**S**cē Luca orate pro nob.  
**S**cē Marcialis orate pro nob.  
**O**mī sēi apli & cutia orate pro nob.

**S**cē Georgi orate pro nob.  
**S**cē Geruasti orate pro nob.  
**S**cē Procast orate pro nob.  
**S**cē Iohis & pauli orate pro nob.  
**S**cē Marcelline & petre ora pro nob.  
**S**cē Dionisi cū sociis orate pro nob.  
**S**cē Maurici c.s.v. orate pro nob.  
**S**cē Eustachi c.s.v. orate pro nob.  
**S**cē Ypolite c.s.v. orate pro nob.  
**S**cē Albane orate pro nob.  
**S**cē Ostulde orate pro nob.  
**S**cē Edmunde orate pro nob.  
**O**mī sēi martires orate pro nob.  
**S**cē Siluester orate pro nob.  
**S**cē Martine orate pro nob.  
**S**cē Ieo orate pro nob.  
**S**cē Gregori orate pro nob.  
**S**cē Iilari orate pro nob.

**S**cē Ambrosi orate pro nob.  
**S**cē Augustine orate pro nob.  
**S**cē Ieronime orate pro nob.  
**S**cē Nicolai orate pro nob.  
**S**cē Germane orate pro nob.  
**S**cē Remigi orate pro nob.  
**S**cē Basili orate pro nob.  
**S**cē Egdi orate pro nob.  
**S**cē Vedaste orate pro nob.  
**S**cē Amande orate pro nob.  
**S**cē Audoene orate pro nob.  
**S**cē Iuliane orate pro nob.  
**S**cē Benedicte orate pro nob.  
**S**cē Leonarde orate pro nob.  
**S**cē Augustino orate pro nob.  
**S**cē Paulino orate pro nob.  
**S**cē Iohis orate pro nob.  
**S**cē Wilfride orate pro nob.  
**S**cē Cutherte orate pro nob.  
**S**cē Suthune orate pro nob.  
**S**cē Dunstane orate pro nob.

Litany of Saints



Lourdes

## The Joyful Mysteries



## The Sorrowful Mysteries



## The Luminous Mysteries



## The Glorious Mysteries



Joyful, Sorrowful, Glorious and Luminous mysteries of the Rosary