E&O P5 RERC 2-16 a

I know that the Mass is at the heart of Catholic community life and I am developing an understanding of how to participate fully in this celebration.

Core learning:
I know that Catholics have a duty to attend Sunday Mass every week and I recognise that it is a privilege and a responsibility for me to attend Mass and to learn about my faith through my participation in the Eucharist.

E&O P5 RERC 2-16 a

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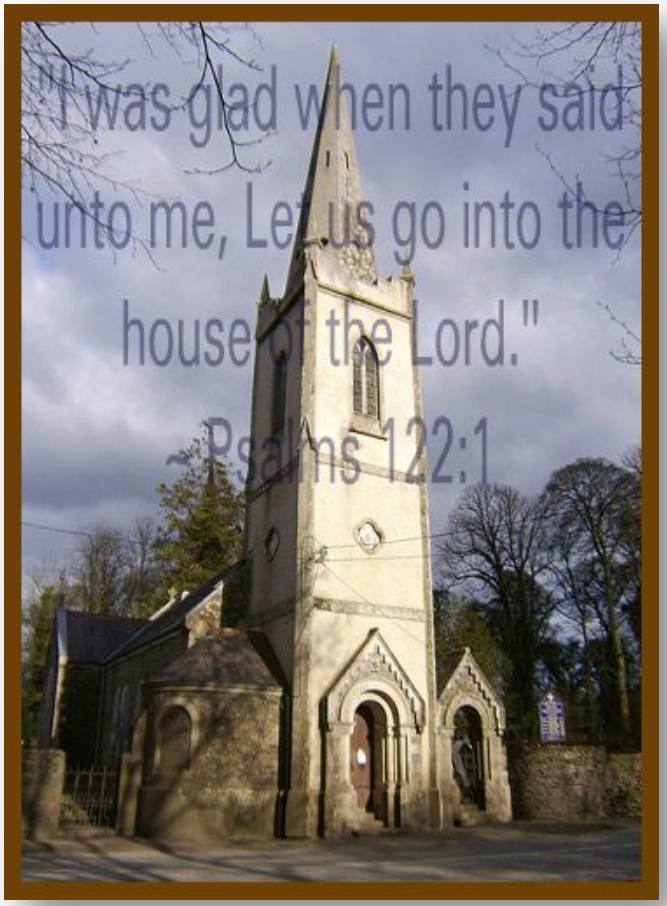

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Discuss the idea of fasting for an hour before Mass.

Liken it to waiting for special meal: a mark of respect and expectation.

Core learning:

I know of the general requirement of Church law that I should fast for an hour before receiving Holy Communion.

I know that this is a mark of respect for the Eucharist and is known as the Eucharistic Fast.

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Core learning:
I am increasing my knowledge of the Prayers of the Mass

A Powerpoint resource on the Mass is available on rcagprimaryre.org.uk

Understanding parts of the Mass at St Andrews Cathedral

E&O P5 RERC 2-16 a

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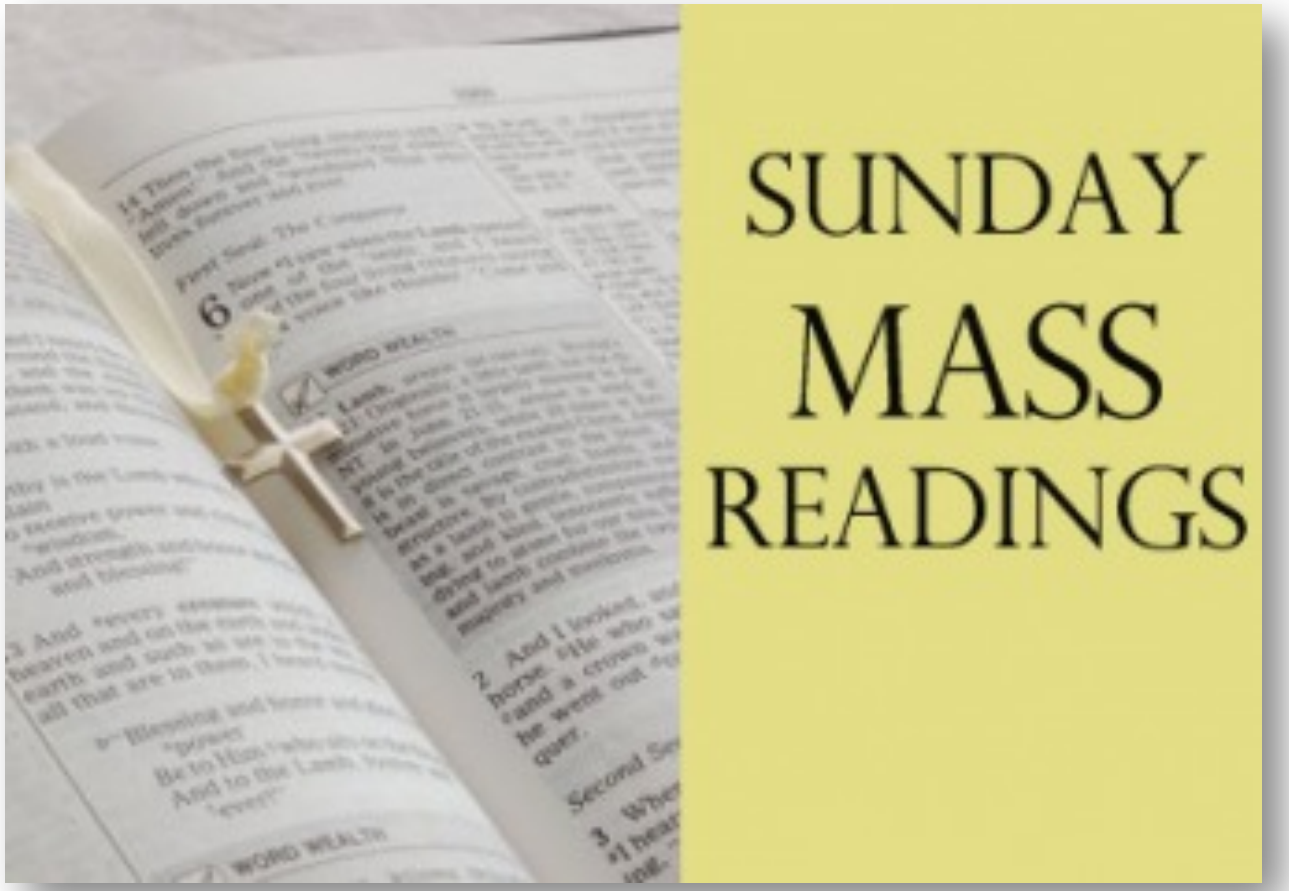

Core learning:
I am growing in my ability to prepare for Sunday Mass through reflection on the readings during each week with the help of my teacher.

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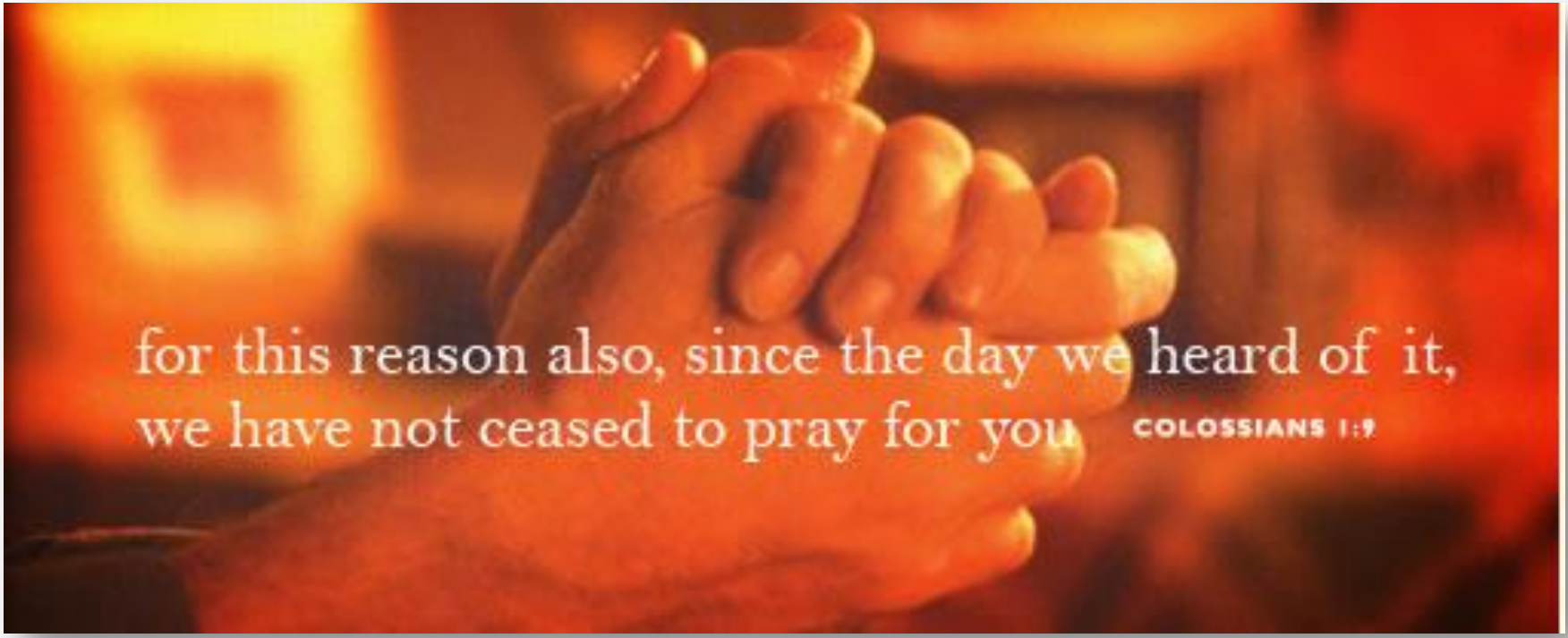

Core learning:
I know that, during Mass, the priest and people often offer prayers of Intercession for the Universal Church,
the world and the local community.

E&O P5 RERC 2-16a

I know that the Mass is at the heart of Catholic community life and I am developing an understanding of how to participate fully in this celebration.

Core learning:

I know that, during the homily, the priest helps us understand the readings of the Mass and encourages us to follow Jesus.

E&O P5 RERC 2-16 a

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Consider joining /forming a school choir to learn to sing parts of the Mass.

Suggested settings are provided on the CDs provided by the Pastoral Liturgy and Religious Education services of the Archdiocese of Glasgow which was supplied to schools on 26th February 2014.

Core learning:

I am learning to sing parts of the Mass: Lord have mercy: Holy Holy; Lamb of God and I recognise that, often, hymns sung at Mass can reflect the theme of the Liturgy.

E&O P5 RERC 2-16a

I know that the Mass is at the heart of Catholic community life and I am developing an understanding of how to participate fully in this celebration.

Invite your parish priest or chaplain to visit the class and speak about Altar Serving.

Core learning:
I have investigated the role of the Altar Servers.

E&O P5 RERC 2-16a

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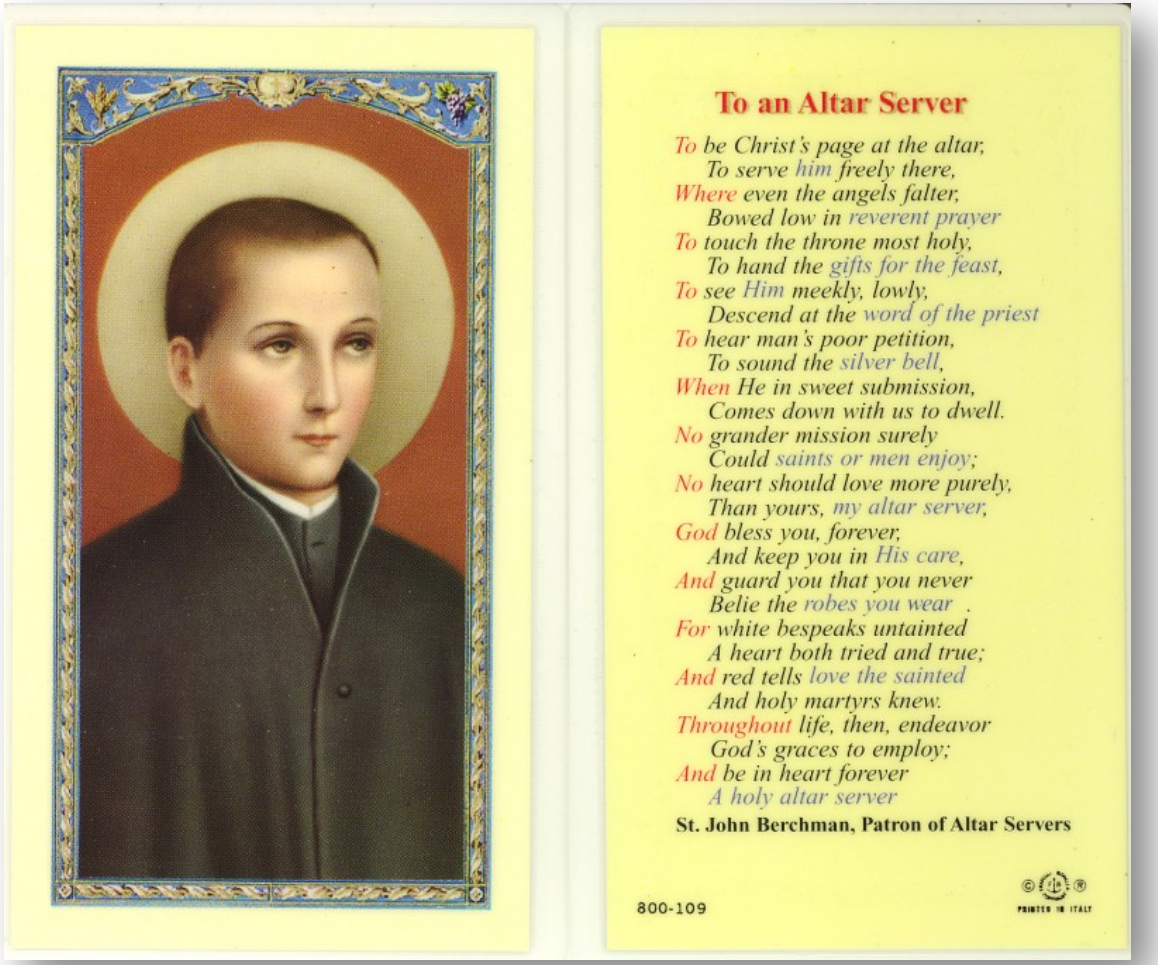


To an Altar Server

To be Christ's page at the altar,
To serve him freely there,
Where even the angels falter,
Bowed low in reverent prayer
To touch the throne most holy,
To hand the gifts for the feast,
To see Him meekly, lowly,
Descend at the word of the priest
To hear man's poor petition,
To sound the silver bell,
When He in sweet submission,
Comes down with us to dwell.
No grander mission surely
Could saints or men enjoy;
No heart should love more purely,
Than yours, my altar server,
God bless you, forever,
And keep you in His care,
And guard you that you never
Belie the robes you wear .
For white bespeaks untainted
A heart both tried and true;
And red tells love the sainted
And holy martyrs knew.
Throughout life, then, endeavor
God's graces to employ;
And be in heart forever
A holy altar server

St. John Berchman, Patron of Altar Servers

800-109

Core learning:
I have investigated the role of the Altar Servers.

duty to attend Mass

responsibility to attend Mass

Eucharistic fast

Holy Day Reminder

Christmas Day
25th December

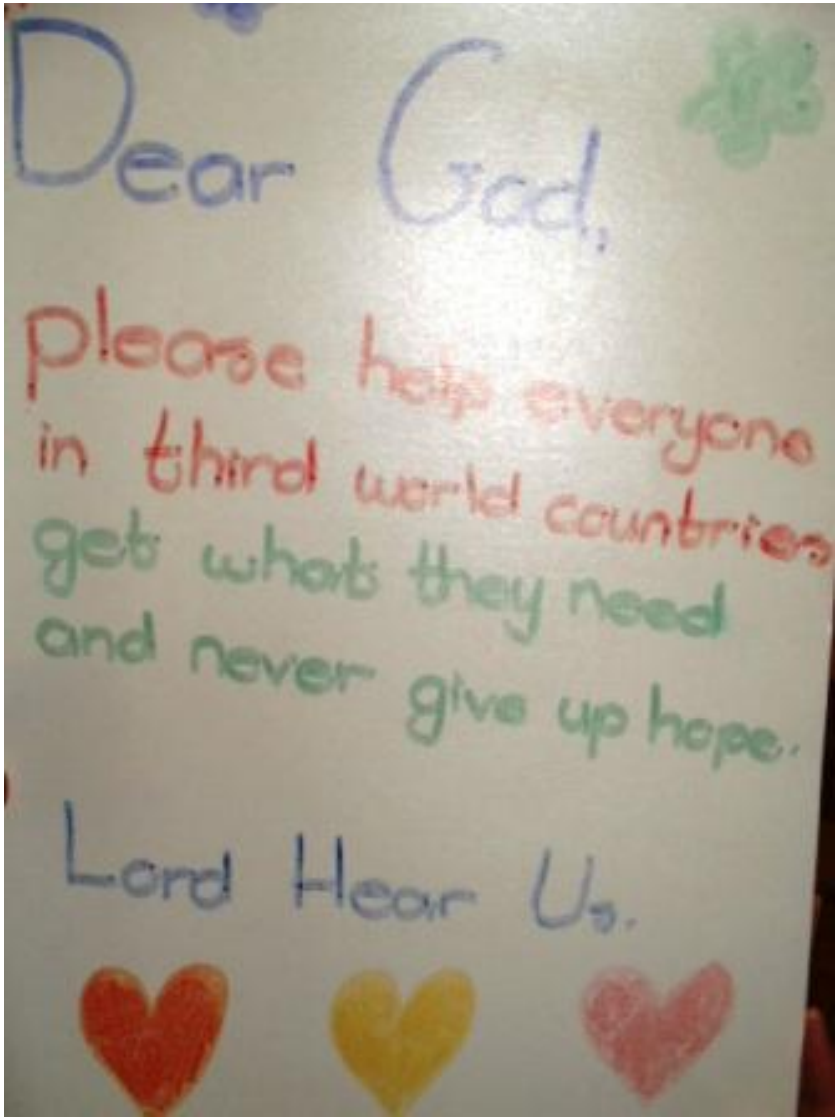
Ascension Thursday
(Thursday in the 6th week
after Easter Sunday)

Feast of St Peter and St Paul
29th June

The Assumption of the Blessed
Virgin Mary
15th August

All Saints Day
1st November

Holy days of Obligation



prayers of intercession

Universal Church

liturgy